

1. Record Nr.	UNINA9910789355903321
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Titolo	Shodo : the quiet art of Japanese Zen calligraphy : learn the wisdom of Zen through traditional brush painting // Shozo Sato, foreword by Gengo Akiba Roshi ; Gengo Akiba Roshi, Zen advisor ; Alice Ogura Sato, assistant to author ; Shinya Fujiwara, calligrapher
Pubbl/distr/stampa	North Clarendon, Vermont : , : Tuttle Publishing, , 2013 ©2013
ISBN	1-4629-1188-9
Descrizione fisica	1 online resource (390 p.)
Disciplina	745.610952
Soggetti	Zen calligraphy Calligraphy, Japanese
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Cover; Copyright; Contents; Foreword by Gengo Akiba Roshi; Preface; INTRODUCTION; Bokki: The Spirit of the Brush; The Chinese Roots of Shodo; The Artistry and Philosophy of Bokuseki; CHAPTER 1 The Art of Kanji; What Is Kanji?; Writing Styles; CHAPTER 2 The Four Treasures in Shodo; The Four Treasures; Mastering the Brush; Useful Information for Basic Brush Strokes; CHAPTER 3 One Ideogram Zengo; Mu ("Nothingness"); Mu or Yume ("Dream"); Hanatsu ("Release"); CHAPTER 4 Two Ideogram Zengo; Nyoze ("As It Is"); Fu Metsu ("Immortal" or "Indestructible"); Sen Shin ("Purify the Soul") CHAPTER 5 Three Ideogram Zengo Mu Kan Sho ("No Hot Cold"); Kai Da Ko ("Release Beat Drum"); Mu Sho Ju ("No Place to Live"); Zai Gan Zen ("Front of Your Eyes"); CHAPTER 6 Four Ideogram Zengo; Ichi Go Ichi E ("One Lifetime One Meeting"); Wa Kei Sei Jaku ("Harmony Respect Purity Tranquility"); Za Ichi So Shichi ("Sit First Dash Seven"); Zui Ha Chiku Ro ("Ocean Waves After Surf "); Sha Za Ki Ssa ("Have Seat Drink Tea"); Zuisho Nushi To Naru ("Wherever, Become Your Own Master"); Dai Do Mu Mon ("Great Path No Gate"); Shiru Ki Sore Kami ("No Timing Is God"); CHAPTER 7 Five Ideogram Zengo Hon Rai Mu Ichi Butsu ("Originally [There Was] Not One Thing")Haku Un Onozu Kara Kyo Rai Suru ("White Cloud Oneself Come and Go"); Doku

Za Dai Yu Ho ("Alone Seated on the Great Summit"); Nichi Nichi Kore Ko Jitsu ("Every Day Is a Good Day"); Ho Ken Ari Shu Ri ("Treasure Sword in My Hand"); Sei Fu Shu Chiku O Ugokasu ("Fresh Breeze Affects Serene Bamboo"); Gei Do Kore Butsu Do ("The Way of Art Is the Way of the Buddha"); Kumo Sari Seizan Arawareru ("Cloud Passes Blue Mountain Appears"); Bu Ji Kore Ki Nin ("Without Stratagem Is Noble Person"); Jiki Shin Kore Dojo ("Willing Heart Is the Dojo")
Mizu Itaru Kiyoshi Nashi Sakana ("Water Reaches Purity No Fish")
CHAPTER 8 Seven & Eight Ideogram Zengo; Ha Kkaku No Ma Ban Ku Ri O Hashiru ("Octagonal Grinding Disk Cuts Through the Universe"); Uchi Ni Mukai Soto Ni Mukai Au Mono O Subete Korosu ("Face In Face Out Meet Person Kill All"); CHAPTER 9 Students of Shodo; Appendix; Glossary; Acknowledgments; Back Cover

Sommario/riassunto

In this beautiful and extraordinary book, Shozo Sato, an internationally recognized master of traditional Zen arts, teaches the Japanese art of calligraphy through the power and wisdom of Zen poetry. Single-line Zen Buddhist koan aphorisms or zengo are one of the most common subjects for the traditional Japanese brush calligraphy known as shodo. Regarded as one of the key disciplines in fostering the focused, meditative state of mind so essential to Zen, shodo is practiced regularly by all students of Zen Buddhism in Japan. After providing a brief history of Japanese calligraphy
