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	Nota di contenuto	Care of People with Diabetes A Manual of Nursing Practice; List of Figures; List of Tables; Example Forms and Instruction Sheets; Foreword; Preface; Acknowledgements; List of Abbreviations and Symbols; Chapter 1 Diagnosing and Classifying Diabetes; Key points; What is diabetes mellitus?; Prevalence of diabetes; Classification of diabetes; Overview of normal glucose homeostasis; The metabolic syndrome in children and adolescents; Type 1 and Type 2 diabetes; Gestational diabetes; Example Instruction Sheet 1: Preparation for an oral glucose tolerance test; Screening for diabetes
		Preventing Type 2 diabetesManaging diabetes mellitus; Aims of management; Exercise/activity; Diabetes education; Complications of diabetes; Cost of diabetes; Aim and objectives of nursing care of people with diabetes; References; Chapter 2 Holistic Assessment, Nursing Diagnosis, and Documentation; Key points; Rationale; Holistic nursing; Care models; Characteristics of an holistic nursing history; Nursing history; Example health assessment chart; Instruments to measure health status; Documenting and charting patient care; Nursing care plans; Nursing responsibilities
		Documentation by people with diabetesReferences; Chapter 3

Monitoring Diabetes Mellitus; Key points; Rationale; Introduction; Monitoring 1: blood glucose; Key points; Blood glucose testing checklist; Monitoring 2: urine glucose; Key points; Monitoring 3: additional assessment; References; Chapter 4 Nutrition, Obesity and Exercise; Key points; Rationale; The importance of good nutrition; Obesity; Overview of the pathogenesis of obesity; The significance of abdominal obesity; Nutrition, obesity and stress; Methods of measuring weight; Managing obesity and diabetes

Method of screening for dietary characteristics and problemsPrinciples of dietary management for people with diabetes; The Apple Report; Dietary management: obesity; Bariatric surgery; Complementary weight loss programmes; Factors associated with making dietary changes; Nursing responsibilities; References; Chapter 5 Medicines Management; Key points; Introduction; Quality Use of Medicines (QUM); Quality Use of Medicines and diabetes; Oral hypoglycaemic agents (OHA); The incretin hormones; When should insulin be initiated in Type 2 diabetes?; Barriers to insulin therapy

Some strategies to overcome the barriersInsulin therapy; Types of insulin available; Injection sites and administration; Mixing short- and intermediate-acting insulins; Commonly used insulin regimens; Interpreting morning hyperglycaemia; Continuous subcutaneous insulin infusion (CSII); Continuous blood glucose sensors; Subcutaneous insulin sliding scales and top-up regimes; Uses of insulin infusions; Insulin allergy; Transplants; Stabilising diabetes; Stabilisating diabetes in hospital; Community and outpatient stabilisation; Lipid lowering agents; Monitoring lipid medicines

Antihypertensive agents

Sommario/riassunto	'This remarkably comprehensive book reflects the depth of knowledge and experience of its author and will assist nurses in the process of diabetes management. I wholeheartedly recommend this text to all health professionals whether working directly in, or on, the fringe of diabetes. 'From the foreword by Marg McGill, Chair, International Diabetes Federation Consultative Section on Diabetes Education Care of People with Diabetes is an essential guide to the care and management of people with diabetes mellitus, with particular emphasis on the acute care setting. It is written by an experienced