

1. Record Nr.	UNINA9910789300403321
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Titolo	The Klein-Winnicott Dialectic : transformative new metapsychology and interactive clinical theory // by Susan Kavaler-Adler
Pubbl/distr/stampa	Boca Raton, FL : , : Taylor and Francis, an imprint of Routledge, , [2018] ©2014
ISBN	0-429-92119-5 0-429-90696-X 0-429-48219-1 1-78241-082-1
Descrizione fisica	1 online resource (321 p.)
Disciplina	150.195092
Soggetti	Psychoanalysis PSYCHOLOGY / General PSYCHOLOGY / Mental Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; FOREWORD; INTRODUCTION A developmental theory of psychological health based on the Klein-Winnicott dialectic and related object relations thinking; CHAPTER ONE Melanie Klein, like Moses on the way to the Promised Land: a case of pathological mourning; CHAPTER TWO Melanie Klein's creative writing revealing themes in her life and theorising; CHAPTER THREE The phenomenological theory stands on its own: death instinct as demon lover; CHAPTER FOUR Explicating and utilising the phenomenological theory CHAPTER FIVE Developmental evolution within the theory of Melanie Klein CHAPTER SIX Developmental evolution within the works of Donald W. Winnicott: psychic and transitional space; CHAPTER SEVEN Dynamics of transitional space: pathological foreclosure vs. expansion in clinical treatment; CHAPTER EIGHT Winnicott's contribution to the understanding of mirroring as a developmental process: the Klein-Winnicott dialectic within; CHAPTER NINE Narcissistic mirroring as perversion of developmental mourning; CHAPTER TEN Loneliness in

Sommario/riassunto

The Klein-Winnicott Dialectic: Transformative New Metapsychology and Interactive Clinical Theory brings together the theories of Melanie Klein and Donald W. Winnicott, two giants and geniuses of the British school of object relations clinical and developmental theory and psychoanalytic technique. In this book, The author attempts to integrate the theories of Klein and Winnicott, rather than polarising them, as has been done often in the past. This book takes the best of Klein and Winnicott for use by clinicians on an everyday basis, without having the disputes between their followers interfere with the full and rich platter of theoretical offerings they each of them provided. In addition, this book looks at the biographies of Klein and Winnicott, to show how their theories were inspired by their contrasting lives and contrasting parenting and developmental dynamics. By examining their theories in relation to their biographies, one can see why their dialectical theoretical focuses emerged, highly contrasted in their major emphasis, and yet highly complementary when applied together to clinical work.
