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Titolo

Sports medicine conditions : return to play : recognition, treatment, planning // editors, Mark D. Miller, MD, S. Ward Casscells Professor of Orthopaedic Surgery, Head, Division of Sports Medicine, University of Virginia, Team Physician, James Madison University, Charlottesville, Virginia, Jeff Konin, PhD, ATC, PT, FACSM, FNATA, Department of Orthopaedic Surgery, University of Virginia Health System, Charlottesville, Virginia, A. Bobby Chhabra, MD, Charles J. Frankel Professor and Vice Chair, Department of Orthopaedic Surgery, Professor of Plastic Surgery, University of Virginia Health System, Charlottesville, Virginia, Dilaawar Mistry, MD, MS, ATC, Primary Care Team Physician, Colorado Rockies (Grand Junction), Team Physician, USA Swimming; Western Orthopaedics and Sports Medicine, Grand Junction, Colorado, associate editors, Justin W. Griffin, MD, Resident Physician, Department of Orthopaedic Surgery, University of Virginia Health System, Charlottesville, Virginia, Siobhan M. Statuta, MD, CAQSM, Director, Primary Care Sports Medicine Fellowship, Assistant Professor, Family Medicine and Physical Medicine & Rehabilitation, Team Physician, UVA Sports Medicine, University of Virginia Health System, Charlottesville, Virginia, section editors, Brian Busconi, MD, Associate Professor, Department of Orthopaedics & Physical Rehabilitation, Division of Sports Medicine, University of Massachusetts Medical School, Worcester, Massachusetts, Dilaawar Mistry, MD, MS, ATC, Primary Care Team Physician, Colorado Rockies (Grand Junction), Team Physician, USA Swimming, Western Orthopaedics and Sports Medicine, Grand Junction, Colorado, A. Bobby Chhabra, MD, Charles J. Frankel Professor and Vice Chair, Department of Orthopaedic Surgery, Professor of Plastic Surgery, University of Virginia Health System, Charlottesville, Virginia, Joseph S. Park, MD, Assistant Professor, Division Head, Foot and Ankle Service, Department of Orthopaedic Surgery, University of Virginia Health System, Charlottesville, Virginia, Mark D. Miller, MD, S. Ward Casscells Professor of Orthopaedic Surgery, Head, Division of Sports Medicine, University of Virginia, Team Physician, James Madison University, Charlottesville, Virginia, Francis H. Shen, MD, Warren G. Stamp Professor of Orthopaedic Surgery, Division Head, Spine Division, Director Spine Fellowship, Co-Director, Spine Center, University of Virginia Medical Center, Charlottesville, Virginia

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Nota di contenuto	Shoulder and arm -- Elbow and forearm -- Wrist and hand -- Thoracolumbar spine -- Pelvis, hip, and thigh -- Knee and leg -- Ankle and foot -- Primary care.
Sommario/riassunto	"Sports Medicine Conditions: Return to Play addresses the most important and challenging problems in sports medicine, determining the appropriate time for an athlete to return to play. With this handy resource, you'll explore the latest imaging diagnostics, and get vital information on surgical and non-surgical therapies for athletic injuries. Look inside and discover ... Injury-based organization lets you find the facts you need quickly - Two-page spread format for each injury lets you find practical solutions at a glance - Consistent presentation covers History/Mechanism of Injury, Physical Examination, Imaging, Classification, Operative and Nonoperative Treatments, Rehabilitation Principles, and Return to Play - Expert perspectives let you benefit from the experience of orthopedics, sports medicine, and physical therapy professionals - Abundant original composite illustrations that clearly demonstrate operative procedures for these injuries"--Provided by publisher.