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Nota di contenuto	Front Cover; About The Editor; Contents; Acknowledgment And How To Cite; List Of Contributors; Introduction; Much Ado About Obesity; References; Chapter 1 Population Trends And Variation In Body Mass Index From 1971 To 2008 In The Framingham Heart Study Offspring Cohort; Chapter 2 Community Energy Balance: A Framework For Contextualizing Cultural Influences On High Risk Of Obesity In Ethnic Minority Populations; Chapter 3 A Genome- Wide Association Study On Obesity And Obesity-related Traits Chapter 4 Differences Between Adiposity Indicators For Predicting All-Cause Mortality In A Representative Sample Of United States Non-Elderly AdultsChapter 5 A New Body Shape Index Predicts Mortality Hazard Independently Of Body Mass Index; Chapter 6 Metabolically Healthy And Unhealthy Obesity Phenotypes In The General Population: The Fin- D2d Survey; Chapter 7 Liver And Muscle In Morbid Obesity: The Interplay Of Fatty Liver And Insulin Resistance Chapter 8 Sarcopenia Exacerbates Obesity- Associated Insulin Resistance And Dysglycemia: Findings From The National Health And Nutrition Examination Survey liChapter 9 Prevalence Of Obesity And

Associated Cardiovascular Risk: The Darios Study; Chapter 10
Obstructive Sleep Apnea Is A Predictor Of Abnormal Glucose
Metabolism In Chronically Sleep Deprived Obese Adults; Chapter 11
Cluster Analysis Of Obesity And Asthma Phenotypes
Chapter 12 Diet, Physical Exercise, And Cognitive Behavioral Training
As A Combined Workplace Based Intervention To Reduce Body Weight
And Increase Physical Capacity In Health Care Workers: A Randomized
Controlled TrialChapter 13 Reduction In Adiposity, B- Cell Function,
Insulin Sensitivity, And Cardiovascular Risk Factors: A Prospective Study
Among Japanese With Obesity; Chapter 14 Bariatric Surgery: The
Challenges With Candidate Selection, Individualizing Treatment, And
Clinical Outcomes; Author Notes; Index; Back Cover

Sommario/riassunto

The book provides a comprehensive perspective on the subject of obesity epidemiology, pathophysiology, and management of obesity. The chapters provide a better understanding of obesity and obesity-related diseases and offer an integrative framework for individualized dietary and exercise programs, behavior modification, pharmaceutical approaches, surgery, and population interventions to reduce the growing epidemic of obesity.
