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Nota di contenuto	Foreword Abbreviations Authors' preface Acknowledgements Executive summary 1. Introduction 2. The role of insects 3. Culture, religion and the history of entomophagy 4. Edible insects as a natural resource 5. Environmental opportunities of insect rearing for food and feed 6. Nutritional value of insects for human consumption 7. Insects as animal feed 8. Farming insects 9. Processing edible insects for food and feed 10. Food safety and preservation 11. Edible insects as an engine for improving livelihoods 12. Economics: cash income, enterprise development, markets and trade 13. Promoting insects as feed and food 14. Regulatory frameworks governing the use of insects for food security 15. The way forward References Further reading.
Sommario/riassunto	This book assesses the potential of insects as food and feed and gathers existing information and research on edible insects. The assessment is based on the most recent and complete data available from various sources and experts around the world.

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