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Descrizione fisica	1 online resource (xxvi, 735 pages) : illustrations
Collana	5-minute
Altri autori (Persone)	BrackerMark D
Disciplina	617.1/027
Soggetti	Sports medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Abdominal Muscle Strains -- Achilles Tendinitis -- Achilles Tendon Rupture -- ACL Injuries -- ACL Tear: Management in Skeletally Immature Athletes -- Acromioclavicular Separations (Types 1-6) -- Adductor Thigh Strain -- Adhesive Capsulitis -- Anaphylaxis -- Ankle Sprains, Lateral -- Ankle Sprains, Medial -- Ankylosing Spondylitis -- Anterior Interosseous Syndrome -- Anterior Metatarsalgia (Submetatarsal Head Pain) -- Aortic Stenosis -- Athletic Heart Syndrome -- Atlantoaxial Instability -- Auricular Hematomas -- Avascular Necrosis of the Proximal Femoral Epiphysis (Legg-Calve-Perthes Disease) -- Axillary Nerve Injury -- Barotitis Media -- Biceps Tendinitis -- Biceps Tendon Rupture -- Bites and Stings -- Brachial Plexus Injuries (Burners and Stingers) -- Bursitis -- Calcium Pyrophosphate Deposition Disease (CPPD) (Pseudogout) -- Calluses and Corns -- Cardiac Arrhythmias: Atrial Fibrillation, SVT -- Carpal Tunnel Syndrome -- Cellulitis -- Central Slip Avulsion and Pseudoboutonniere Deformities -- Cervical Disk Disease -- Cervical Stenosis -- Cervical Strains -- Channelopathies, Long QT, CPVT -- Claudication -- Cluster Headache -- Compartment Syndrome, Anterior -- Complex Regional Pain Syndrome -- Concussion -- Congenital Cervical Disease -- Contact Dermatitis -- Corneal Abrasions -- Cubital Tunnel Syndrome -- Cuboid Subluxation and Fracture -- Dentoalveolar Trauma -- de

Quervain Tenosynovitis -- Developmental Dysplasia of the Hip -- Diabetes -- DIP Dislocation -- Discoid Meniscus -- Dislocation, Hip, Posterior -- Distal Clavicular Osteolysis -- Dupuytren's Contracture -- Eating Disorders -- Elbow Dislocation -- Epistaxis -- Exercise-Induced Anaphylaxis -- Exercise-Induced Asthma -- Exercise-Induced Diarrhea -- Exercise-Induced Urticaria -- Exertional Headache -- Extensor Tendon Avulsion from the Distal Phalanx/Mallet Finger -- External Ear Chondritis/Abscess -- External Genital Trauma -- Felon -- Female Athlete Triad -- Flexor Carpi Ulnaris and Flexor Carpi Radialis Tendonitis -- Flexor Tendon Avulsion/Jersey Finger -- Folliculitis -- Foot Osteochondroses (Accessory Navicular, Navicular Aseptic Necrosis-Kohler, Islin-Apophysitis of Base 5th MT) -- Fracture, Avulsion: ASIS, AIIS, Ischial Tuberosity, Iliac Crest -- Fracture, Blow Out -- Fracture, Calcaneus -- Fracture, Carpal Bone (Other) -- Fracture, Clavicle -- Fracture, Coccyx -- Fracture, Compression -- Fracture, Coronoid -- Fracture, Distal Femur -- Fracture, Distal Phalanx -- Fracture, Distal Radius -- Fracture, Fibula -- Fracture, Fifth Metatarsal (Avulsion, Jones Fractures) -- Fracture, Frontal Sinus -- Fracture, Hamate: Hook, Body -- Fracture, Humeral Head -- Fracture, Humeral Shaft -- Fracture, Lateral and Medial Malleoli -- Fracture, Le Fort -- Fracture, Lisfranc -- Fracture, Lunate/Kienbock Disease -- Fracture, Mandibular -- Fracture, Metacarpal Base/Shaft: I-V -- Fracture, Metacarpal Neck: I-V -- Fracture, Metatarsal -- Fracture, Middle Phalanx -- Fracture, Nasal -- Fracture, Olecranon -- Fracture, Orbital -- Fracture, Patella -- Fracture, Pelvic -- Fracture, Posterior Malleolus -- Fracture, Proximal Phalanx -- Fracture, Proximal Tibia -- Fracture, Radial Head -- Fracture, Rib -- Fracture, Sacral -- Fracture, Scaphoid -- Fracture, Spinous and Transverse Processes -- Fracture, Sternum -- Fracture, Stress: Metatarsal, Navicular -- Fracture, Talus -- Fracture, Tibial Plateau -- Fracture, Tibial Spine Avulsion -- Fracture, Volkmann: Posterolateral Tibiofib -- Ligament Avulsion -- Fracture, Zygoma -- Freiberg's Disease -- Glenohumeral Dislocation, Anterior -- Glenohumeral Dislocation, Posterior -- Glenoid Labral Tears/SLAP Lesions -- Gout -- Greenstick Fracture -- Haglund's Deformity (Pump Bump) -- Hallux Valgus (Bunions) -- Hammer/Claw/Mallet Toe -- Hamstring Strain -- Hand Infection -- Heel Pain: Heel Fat Pad Syndrome, Lateral Plantar Nerve Entrapment -- Hematomas, Epidural and Subdural -- Hematuria -- Hemoglobinopathies in Sport: Thalassemia, Sick Cell Trait -- Herpes Gladiatorum -- High-Altitude Illness -- Hip Pointer -- Hyperthermia: Heat Stroke, Exhaustion, and Cramps -- Hypertrophic Cardiomyopathy -- Hyphema -- Hyponatremia -- Hypothenar Hammer Syndrome -- Hypothermia and Frostbite -- Iliopsoas -- Iliotibial Band Friction Syndrome -- Impetigo -- Impingement, Subacromial Bursitis and Rotator Cuff Tendinitis -- Inner Ear Injuries (Tympanic Membrane Perforation) -- Intermetatarsal (Morton's) Neuroma -- Interphalangeal Collateral Ligament Sprain -- Intersection Syndrome -- Intraocular Foreign Bodies. Klippel-Fiel Syndrome: Fusion of Cervical Vertebrae -- Knee Dislocation -- Kohler Disease (Aseptic Necrosis of the Tarsal Navicular) -- Kyphosis -- Lacerations and Soft Tissue Injuries -- Lateral Collateral Ligament Tear -- Lateral Epicondylitis -- Lightning Injuries -- Little Leaguer's Elbow (Medial Apophysitis) -- Little League Shoulder (Proximal Humeral Epiphysiolysis) -- Low Back Pain and Lumbar Strains -- Lumbar Disc Disease -- Lunate Dissociation -- Marfan's Syndrome -- MCP (Metacarpophalangeal) Collateral Ligament Sprain -- MCP (Metacarpophalangeal) Dislocation -- Medial Collateral Ligament Tear -- Medial Epicondylitis -- Medial Gastrocnemius Injury, Tennis Leg -- Medial Tibial Stress Syndrome -- Meniscal Tears -- Menstrual

Disorders in the Athlete -- Migraine Headache -- Molluscum Contagiosum -- Mononucleosis -- Motion Sickness -- Nasal Septal Hematomas -- Near-Drowning/Drowning -- Neck Lacerations and Penetrating Injuries -- Nonsteroidal Anti-Inflammatory Drug Poisoning -- Nursemaid's Elbow -- Obesity and Weight Management -- Olecranon Bursitis -- Onychocryptosis -- Onychomycosis -- Oral Lacerations -- Osgood-Schlatter Disease -- Osteitis Pubis -- Osteoarthritis -- Osteochondritis Dissecans -- Osteomyelitis -- Osteoporosis -- Otitis Media/Externa -- Overtraining -- Panner Disease and OCD of Elbow Capitellum -- Paronychia -- Patellar Dislocation and Instability -- Patellar/Quadriceps Tendinitis -- Patellar/Quadriceps Tendon Rupture -- Patellofemoral Pain Syndrome (PPS) -- Pectoralis Major Tendon Rupture -- Pericarditis -- Periorbital and Orbital Cellulitis -- Peroneal Tendon Dislocation/Subluxation -- Pes Anserine Bursitis -- Phalangeal Injuries -- Photodermatitis -- Physeal Injuries in Children Salter-Harris Classification -- Pigmented Villonodular Synovitis (PVNS) -- PIP Joint Dislocations -- Piriformis Syndrome -- Plantar Fasciitis -- Pneumothorax and Hemothorax -- Popliteal Tendonitis -- Posterior Cruciate Ligament (PCL) Tear -- Posterior Interosseous Nerve Syndrome -- Posterolateral Capsular Tear -- Pregnancy -- Pronator Syndrome -- Proteinuria in Sports -- Pseudoanemia -- Pulmonary Contusion -- Quadriceps Contusion -- Quadriceps Tear -- Radial Tunnel Syndrome -- Red Eye -- Redundant Plica -- Renal Trauma -- Retinal Detachments and Tears -- Rhabdomyolysis -- Rheumatoid Arthritis in Sports -- Rotator Cuff Tears -- Scapholunate Dissociation -- Sciatica -- Scoliosis -- SCUBA Diving Injuries: DCS and AGE -- Seizures and Epilepsy -- Septic Arthritis and Bursitis -- Sesamoid Dysfunction -- Sever Disease/Calcaneal Apophysitis -- Shoulder Instability, Anterior -- Shoulder Instability, Multidirectional -- Sinus Tarsi Syndrome -- Slipped Capital Femoral Epiphysis -- Snapping Scapula and Winging of the Scapula -- Spinal Stenosis -- Splenic Contusion and Rupture -- Spondyloarthropathies (Seronegative RA) -- Spondylolysis and Spondylolisthesis -- Sports Hernias -- Sternoclavicular Joint Injury -- Subconjunctival Hemorrhage -- Subungual Exostosis and Hematoma -- Sudden Cardiac Arrest: Commotio Cordis -- Superficial Radial Nerve (Wartenberg Disease) -- Suprascapular Nerve Palsy -- Surfer's Ear -- Syncope -- Syndesmodial Injury of the Lower Leg -- Tarsal Tunnel Syndrome/Posterior Tibial Nerve Entrapment -- Temporomandibular Joint Injury -- Testicular Torsion -- TFCC (Triangular Fibrocartilage Comp -- Tears -- Thoracic Outlet Syndrome -- Thoracic Spine Injury -- Thrombophlebitis, Superficial -- Thrombosis, Deep Vein (DVT) -- Thumb Ulnar Collateral Ligament Sprain(Skier's Thumb) -- Tibialis Posterior Tendonitis -- Tibial Stress Fracture -- Tillaux Fractures: Anterior Tibia-Fibula Ligament Avulsion -- Tinea Gladiatorum (Capitis, Corporis, Cruris, Pedis) -- Tinea Versicolor -- Tracheal and Laryngeal Injuries -- Triceps Tendinitis -- Triceps Tendon Rupture -- Trigger Finger -- Trochanteric Bursitis -- Turf Toe -- Ulnar Collateral Ligament Injuries of the Elbow -- Ulnar Tunnel Syndrome -- Ultraviolet Keratitis -- Ureteral, Bladder, and Urethral Trauma -- Warts -- Wolff-Parkinson-White (WPW) Syndrome -- Appendix A: Musculoskeletal Radiography -- Appendix B: Office Rehabilitation -- Appendix C: Joint and Soft Tissue Injection.

Sommario/riassunto

"This new addition to The 5-Minute Consult Series is a clinically oriented quick consult reference for sports medicine. For the first time, common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-access 5-Minute Consult format. Chapters on musculoskeletal problems cover

basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals; and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include clinical care algorithms, a guide to the preparticipation examination, and patient education handouts"--
Provided by publisher.
