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| 1. Record Nr.           | UNINA990009360960403321  |
| Autore                  | Istituto geografico militare   |
| Titolo                  | Cànetra [Documento cartografico] / Istituto geografico militare  |
| Pubbl/distr/stampa      | Firenze : IGM, 1957  |
| Descrizione fisica      | 1 carta : color. ; 41 x 37 su foglio 61 x 51 cm  |
| Collana                 | Carta d'Italia ; 139, quadrante 3, tavoletta SO  |
| Localione               | ILFGE  |
| Collocazione            | MP Cass.2 139, 3(3)  |
| Lingua di pubblicazione | Italiano   |
| Formato                 | Materiale cartografico a stampa  |
| Livello bibliografico   | Monografia   |
| Note generali           | Il meridiano di riferimento è M. Mario, Roma   |
| 2. Record Nr.           | UNINA9910788884503321  |
| Autore                  | Amrein Werner O.   |
| Titolo                  | Hardy type inequalities for abstract differential operators // Werner Amrein, Anne Boutet de Monvel-Berthier, and Vladimir Georgescu |
| Pubbl/distr/stampa      | Providence, Rhode Island : , : American Mathematical Society, , 1987<br>©1987  |
| ISBN                    | 1-4704-0795-7  |
| Descrizione fisica      | 1 online resource (129 p.)   |
| Collana                 | Memoirs of the American Mathematical Society, , 0065-9266 ; ;<br>Number 375  |
| Disciplina              | 515.7/242  |
| Soggetti                | Differential equations, Partial - Asymptotic theory<br>Differential operators<br>Inequalities (Mathematics)                          |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | "November 1987, Volume 70, Number 375 (third of 6 numbers)."   |
| Nota di bibliografia    | Includes bibliographical references.   |

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| Nota di contenuto       | ""Table of Contents""; ""1. Introduction""; ""2. Preliminary Inequalities""; ""3. Hardy Type Inequalities""; ""4. Some Extensions of the Hardy Type Inequalities""; ""5. Examples""; ""Appendix""; ""Bibliography""  |
| 3. Record Nr.           | UNINA9910971761103321  |
| Autore                  | Raylu Namrata  |
| Titolo                  | A cognitive behavioural therapy program for problem gambling : therapist manual // Namrata Raylu and Tian Po Oei   |
| Pubbl/distr/stampa      | Hove, East Sussex ; ; New York, NY, : Routledge, 2010  |
| ISBN                    | 1-136-96225-5<br>1-136-96226-3<br>1-282-62929-8<br>9786612629297<br>0-203-85042-4  |
| Edizione                | [1st ed.]  |
| Descrizione fisica      | 1 online resource (268 p.)   |
| Altri autori (Persone)  | OeiTian Po   |
| Disciplina              | 616.85/227   |
| Soggetti                | Compulsive gambling - Treatment<br>Compulsive gamblers - Rehabilitation<br>Cognitive therapy   |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Nota di contenuto       | Book Cover; Title; Copyright; Contents; Figures and tables; Preface; Chapter 1: Overview; Chapter 2: Review of the problem gambling treatment literature; Chapter 3: Session one: Assessment; Chapter 4: Session two: Psychoeducation and selfmanagement strategies to stabilize gambling; Chapter 5: Session three: Cognitive-restructuring I ± identifying gambling specific thinking errors; Chapter 6: Session four: Cognitive-restructuring II ± challenging gambling specific thinking errors; Chapter 7: Session five: Cognitive-restructuring III ± identifying and challenging other/general thinking errors<br>Chapter 8: Session six: Relaxation and imaginal exposure<br>Chapter 9: Session seven: Problem-solving and goal-setting skills training; Chapter 10: Session eight: Management of negative emotions; Chapter 11: Session nine: Relapse prevention and maintenance of therapeutic |

gains I ± balanced lifestyle; Chapter 12: Session ten: Relapse prevention and maintenance of therapeutic gains II ± coping with high-risk situations; Chapter 13: Elective session: Assertiveness skills training; Chapter 14: Elective session: Getting out of debt  
Chapter 15: Elective session: Teaching significant others strategies to cope/deal with the gambler's behaviours  
APPENDIX A: Guidelines for home exercises; APPENDIX B: Guidelines for role-plays/behavioural rehearsals; APPENDIX C: Assessing and managing suicidal clients; APPENDIX D: Notes on stages of change; APPENDIX E: Notes on motivational interviewing; APPENDIX F: Notes on controlled gambling; APPENDIX G: Case formulation and treatment plan sheet; APPENDIX H: Contract for completion of the treatment programme; APPENDIX I: Monitoring gambling sheet  
APPENDIX J: Motivations towards gambling worksheet  
APPENDIX K: Identifying gambling triggers and establishing safeguards worksheet; APPENDIX L: Daily schedule; APPENDIX M: Alternative activities worksheet; APPENDIX N: The START technique contract; APPENDIX O: Irrational thoughts record A (adapted from Beck et al., 1979); APPENDIX P: Irrational thoughts record B (adapted from Beck et al., 1979); APPENDIX Q: Relaxation techniques; APPENDIX R: Imaginal exposure worksheet; APPENDIX S: Problem-solving worksheet; APPENDIX T: Goal-setting worksheet; APPENDIX U: Negative emotions worksheet  
APPENDIX V: Balanced lifestyle worksheet  
APPENDIX W: Budgeting worksheet; References; Author index; Subject index

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## Sommario/riassunto

This book is a treatment manual providing guidance for therapists treating clients with gambling addictions. In this book the authors use a cognitive behavioural approach and provide a session by session guide for overcoming problem gambling. Essential topics covered include: assessment and psychoeducation cognitive behavioural strategies to stabilize gambling identifying and challenging thinking errors relaxation and imaginal exposure problem solving and goal setting managing negative emotions relapse prevention: maintain

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