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Nota di contenuto	Front matter -- CONTENTS -- ACKNOWLEDGEMENTS -- A BRIEF HISTORY OF DIVING IN ANTARCTICA -- THE CONTINENT OF ANTARCTICA -- DIVING IN ANTARCTICA: PLANNING YOUR VISIT -- LEOPARD SEALS - A SCIENTIFIC PERSPECTIVE -- UNDERWATER PHOTOGRAPHY AND VIDEOGRAPHY IN ANTARCTICA -- OTHER WAYS OF CAPTURING THE UNDERWATER REALM OF ANTARCTICA -- COMMON BENTHIC LIFE OF THE ANTARCTIC PENINSULA AND SOUTH GEORGIA -- NATURAL PRODUCT CHEMISTRY FROM ANTARCTIC MARINE ORGANISMS -- THE DIVE SITES -- How to use this guide -- Key to icons used in the guide -- DIVE SITES OF THE ANTARCTIC PENINSULA -- DIVE SITES OF SOUTH GEORGIA -- GUIDANCE FOR VISITORS TO THE ANTARCTIC -- MARINE WILDLIFE WATCHING GUIDELINES -- GLOSSARY -- PHOTO AND ART CREDITS -- SUGGESTED FURTHER READING -- ABOUT THE AUTHOR -- ABOUT THE OTHER CONTRIBUTORS
Sommario/riassunto	The Antarctic Dive Guide is the first and only dive guide to the seventh continent, until recently the exclusive realm of scientific and military divers. Today, however, the icy waters of Antarctica have become the extreme destination for recreational divers wishing to explore beyond the conventional and observe the strange marine life that abounds below the surface. This book is packed with information about the

history of diving in Antarctica and its wildlife, and features stunning underwater photography. The Antarctic Dive Guide covers 31 key dive sites on the Antarctic Peninsula and South Georgia and includes maps and detailed guidance on how best to explore each site. Essential information is also provided on how to choose and prepare for travel to this remote region, and diving techniques for subzero waters. This book is an indispensable resource for anyone considering diving in Antarctica, and an exciting read for anyone interested in this little-explored underwater world. This fully revised and updated third edition: Covers 4 new dive sites Features revised and updated information for the other 27 sites covered Includes new sections on the Sea Leopard Project and natural product chemistry from Antarctic marine organisms
