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Titolo	Anxiety and personality : the concept of a directing object and its applications / / by Karl Koenig
Pubbl/distr/stampa	Boca Raton, FL : , : Routledge, an imprint of Taylor and Francis, , [2018] ©2015
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Disciplina	616.8522306
Soggetti	Anxiety - Treatment Psychotherapy - Social aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ABOUT THE AUTHOR; PREFACE; INTRODUCTION; CHAPTER ONE Psychoanalysis of phobia; CHAPTER TWO Various types of phobia; CHAPTER THREE Further applications; APPENDIX; REFERENCES; INDEX
Sommario/riassunto	The concept of a "directing object" is based on extensive clinical observations linked to a combination of ego psychology and object relations theory in the tradition of Otto Kernberg and Anne Marie and Joseph Sandler. People with a phobic disposition are those who were not, during childhood, permitted to learn by trial and error and thus gain confidence in their actions. They did not learn to direct their own actions and did not develop confidence in their capability to act successfully. In their inner world, they did not establish an internal directing object. Thus, they now need an external directing object, who watches over them. This has considerable influence on interpersonal relationships and on work. Phobic persons can work without difficulty when there is a external directing object, but they will not be able to work without such a companion. In therapy, they use their therapist as

a directing object, which can create the illusion that the phobic patient is already much better. However the patient will fall back into phobic symptomatology when the therapist is no longer available as a directing object. Applying the concept of a directing object helps to understand a phobic person's psychodynamics. This will improve the results of therapy, and also help phobic persons to compensate difficulties arising from the lack of a companion, and deal with difficulties in finding and keeping one. Therapy can help them to develop their own internal directing object.

2. Record Nr.	UNINA9910557365803321
Autore	Berberan-Santos Mario
Titolo	Calixarene Complexes: Synthesis, Properties and Applications
Pubbl/distr/stampa	Basel, Switzerland, : MDPI - Multidisciplinary Digital Publishing Institute, 2021
Descrizione fisica	1 online resource (198 p.)
Soggetti	Research & information: general
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Sommario/riassunto	A growing interest has been devoted to the development of host systems for ionic and neutral species based on calixarenes. These cyclic oligomers show important host-guest properties, which has led to numerous applications in a broad range of fields, including organocatalysis, sensing, extraction and separation, and, more recently, biomedical applications. The relative ease of the functionalization of their upper and lower rims and the presence of a pre-organized cavity that is available in different sizes and conformations make calixarenes attractive building blocks for the construction of supramolecular assemblies. This book presents the most recent developments on the host-guest properties of calixarenes, as well as the new synthetic methods and applications.

