

1. Record Nr.	UNINA9910788166403321
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Titolo	Saying no to say yes : everyday boundaries and pastoral excellence // David C. Olsen and Nancy G. Devor
Pubbl/distr/stampa	Lanham, Maryland : , : Rowman & Littlefield, , 2015 ©2015
ISBN	1-56699-767-4 1-56699-729-1
Descrizione fisica	1 online resource (141 pages) : illustrations
Disciplina	253/.2
Soggetti	Clergy - Psychology Clergy - Mental health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"An Alban Institute Book."
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	The problem with boundaries -- Healthy selves and boundaries -- Setting boundaries in anxious congregational systems -- When the self and system collide -- Saying no to say yes -- Boundary awareness training -- Tips for organizing a clergy group.