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Nota di contenuto	Cover; You and Your Child's Psychotherapy; Copyright; Dedication; Contents; How to Use This Book; Introduction: A Framework and Rationale for This Book; 1 A Holistic Perspective of Child Psychotherapy; 2 Systems-Based Approach to Child Psychotherapy: Working Together; 3 Seeking Out a Child Psychotherapist; 4 The First Session: Consultation and Intake Meetings; 5 Taking the Next Steps: Moving Forward; 6 Types and Forms of Child Psychotherapy; 7 Child Diagnosis; 8 Engagement: The Framing of Child Psychotherapy; 9 Treatment Planning; 10 The Parallel Process of Child Psychotherapy 11 Contributing to Your Child's Psychotherapy 12 The Work of Child Psychotherapy; 13 Hurdles, Obstacles, and Snags; 14 Supplementing Your Child's Psychotherapy; 15 Higher Levels of Care: When You and Your Child Need More; 16 Separation and Consolidation: Saying Goodbye to Your Child's Psychotherapist; Appendix A Case Studies; Appendix B Recommended Readings; Appendix C Child Mental Health Services Contact Information by State; Glossary; Bibliography; Index
Sommario/riassunto	Many resources exist for helping parents find and select a psychotherapist for their child. However, when a child is recommended

for therapy, parents are often left with little information beyond the initial referral. Parents who are unfamiliar with the process might be confused on how to proceed, or be wary of therapy stereotypes. *You and Your Child's Psychotherapy* demystifies the way therapy works, helping parents enter the process as a partner, and giving their child and family the best chance for success. Weiner and Gallo-Silver guide parents through the steps of therapy, emphasizing their
