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Therapies: Preoccupation with Psychotic Experiences as a Treatment Target
10 Disseminating and Implementing Acceptance- and Mindfulness-Based Approaches to Psychosis: Challenges and Opportunities; 11 Charting the Course Ahead: Future Clinical and Research Directions in Mindfulness and Acceptance Therapies for Psychosis; Index

Sommario/riassunto

There have been exciting new developments in the treatment of schizophrenia and related psychoses in recent decades. Clinical guidelines increasingly recommend that patients be offered evidence-based psychosocial treatments in addition to medications, as such interventions can produce greater improvements and may prevent relapses better compared with medications alone. In parallel with these recent advancements, an evolution in the way cognitive-behavioral therapies are being conceptualized and implemented has occurred due to the incorporation of novel strategies that promote psychological pro
