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Titolo	Counseling theories and techniques for rehabilitation and mental health professionals // Fong Chan, PhD, CRC, Norman L. Berven, PhD, and Kenneth R. Thomas, DEd, editors ; acquisitions editor Sheri W. Sussman ; contributors Abigail Akande [and forty eight others]
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Nota di contenuto	Contributors; Preface; Share Counseling Theories and Techniques for Rehabilitation and Mental Health Professionals: Second Edition; Part I: Introduction; Chapter 1: An Introduction to Counseling for Rehabilitation and Mental Health Professionals; Definitions and Terminology; Importance of Counseling as a Professional Function; Historical Context for Theories of Counseling and Psychotherapy; Efficacy of Counseling and Psychotherapy; Overview of Sections and Chapters; References; Part II: Counseling Theories; Chapter 2: Person-Centered Counseling Learning ObjectivesOrigin of the Person-Centered Approach; Major Concepts; Classical Person-Centered Therapy; Historical Benchmarks of Person-Centered Therapy; Research Supporting Person-Centered Counseling; Related Therapies; Community Applications of Person-Centered Principles; Person-Centered Principles in Rehabilitation Counseling; Phases in Person-Centered Vocational Rehabilitation; Special Considerations for Person-Centered Counseling in Rehabilitation Settings; Conclusions; Discussion Exercises; References; Chapter 3: Solution-Focused Brief Therapy; Learning Objectives

Historical Development Social Constructivist Origins of SFBT; SFBT as a Counseling Framework; SFBT Core Counseling Techniques; Research in Support of SFBT Effectiveness; Potential Application of SFBT in Rehabilitation; Conclusions; Acknowledgments; Discussion Exercises; References; Chapter 4: Gestalt Therapy; Learning Objectives; Foundations of Gestalt Therapy; Major Concepts of Gestalt Therapy; Gestalt Counseling Process; Gestalt Strategies; Gestalt Applications in Rehabilitation; Research Findings in Gestalt Therapy; Strengths and Limitations of the Gestalt Approach; Discussion Exercises References Chapter 5: Cognitive Behavioral Therapy; Learning Objectives; Overview of CBT; Theoretical Foundations; Therapeutic Strategies and Techniques; CBT in the Context of Rehabilitation Counseling; CBT as an Evidence-Based Practice; Conclusions; Acknowledgments; Discussion Exercises; References; Chapter 6: Rational Emotive Behavior Therapy; Learning Objectives; Overview of REBT; History; Major Theoretical Concepts; Description of the Counseling Process; Counseling Techniques; Counselor-Client Relationship; Rehabilitation Applications; Research Findings; Strengths and Limitations of REBT Discussion Exercises References; Chapter 7: Behavior Therapy; Learning Objectives; Behavioral Therapy in Rehabilitation; Approaches to Behavior Therapy; Theory of Personality; Counseling Process; Therapeutic Relationship; Rehabilitation Applications; Research Findings; Discussion Exercises; References; Chapter 8: Trait-Factor Theory and Counseling Process; Learning Objectives; History of the Trait-Factor Approach; Major Trait-Factor Counseling Concepts; Applications of the Trait-Factor Approach to Rehabilitation Counseling; Scientific Evidence Supporting the Trait-Factor Approach Limitations of the Trait-Factor Approach for Rehabilitation Counseling

Sommario/riassunto

The only text about counseling theories and techniques developed specifically for upper-level rehabilitation counseling students and practitioners, this book is now fully updated with a focus on evidence-based practice. It reflects the great strides made in incorporating research-based knowledge into counseling/therapy interventions since the first edition's publication nearly 10 years ago. The book disseminates the expertise of many of the most esteemed leaders and academic scholars in rehabilitation counseling. These authors emphasize state-of-the-art scientific evidence that supports the ef
