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| ISBN                    | 1-78450-031-3   |
| Descrizione fisica      | 1 online resource (224 p.)  |
| Disciplina              | 616.8526  |
| Soggetti                | Self-mutilation<br>Eating disorders<br>School psychology<br>School social work  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | Includes index.   |
| Sommario/riassunto      | Self-harm and eating disorders are present in almost every school and they frequently co-occur. It is vital that school staff can spot early warning signs, understand triggers and know how to support the students in their care effectively. This is a very practical guide that helps school staff to gain a better understanding of self-harm and eating disorders, dispelling the myths and misconceptions that surround these behaviours, and explaining how to respond to disclosures, make referrals, and work alongside parents to assist in the road to recovery. The book provides a range of guidance from whole-school policies and procedures to day-to-day strategies to implement in lessons, at mealtimes and in one-on-one sessions.-- |