1. Record Nr. UNINA9910787946003321 Autore Carcio Helen Nelson Titolo Advanced health assessment of women: clinical skills and procedures / / Helen A. Carcio, R. Mimi Secor; acquisitions editor, Elizabeth Nieginski Pubbl/distr/stampa New York, New York: ,: Springer Publishing Company, , 2015 ©2015 **ISBN** 0-8261-2309-0 Edizione [Third edition.] Descrizione fisica 1 online resource (658 p.) Collana Advanced Health Assessment of Women: Clinical Skills and Pro Disciplina 618/.0475 Soggetti Women - Health risk assessment Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Title; Copyright; Contents; Contributors; Preface; Acknowledgments; Share Advanced Health Assessment of Women, Clinical Skills and Procedures: Third Edition; Unit I: Female Reproduction: Chapter 1: Anatomy and Physiology of Female Reproduction; I. Female reproduction explained; II. Ovaries; III. Fallopian tubes: IV. The uterus: V. Vagina: VI. Pelvic support: VII. Uterine ligaments; VIII. Associated pelvic organs; Bibliography; Chapter 2: The Reproductive Cycle; I. Reproductive cycle; II. Hormonal influences explained: III. Ovarian cycle: IV. The endometrial cycle V. Hormonal regulation and feedback mechanismsUnit II: Health Assessment; Chapter 3: The Health History; I. Definition of sexual health; II. Elements of a comprehensive, developmentally relevant sexual health assessment; III. Advanced health history techniques; IV. Special approaches to sexual health history; V. The reproductive health history; VI. Techniques for screening for sexual abuse; VII. HIV risk assessment; VIII. Sample questions and screening tools; Bibliography; Chapter 4: The Physical Examination I. A complete physical examination is an integral part of the health assessment of women. Components of the examination include assessment of II. The examination of the thyroid gland. Thyroid dysfunction can cause irregular menses, anovulation, and infertility.; III.

The breast examination: IV. Abdominal examination: V. The pelvic

examination explained; VI. Inspection of the external genitalia; VII. Palpation of the external genitalia; VIII. The bimanual examination; IX. Palpation of the ovaries and fallopian tubes; X. Rectovaginal examination; XI. The speculum examination XII. On completion of the pelvic examBibliography; Chapter 5: Assessment of the Skin; I. Dermatology assessment; II. Cutaneous assessment; III. Dermatologic issues related to pregnancy; IV. Dermatologic issues related to contraception; V. General dermatology; VI. Cosmesis and photo-aging: Bibliography: Chapter 6: Assessment of the Female Breast; I. Basics related to examination of the female breast; II. Important statistics; III. Anatomy and physiology of the breast; IV. Breast self-examination

V. A patient history relevant to the examination of the female breast must be gathered to assess for any risk factors.VI. Inspection of the breasts; VII. Palpation of the breast; VIII. Palpate the nipple and the areola; IX. Palpate lymph nodes; X. Physical examination of an augmented breast; XI. Chart; XII. Mammogram; XIII. Breast cancer riskassessment tool; Bibliography; Unit III: Evaluation of Special Populations; Chapter 7: Assessment of the Pregnant Woman; I. Initial prenatal evaluation.; II. Documentation of pregnancy.; III. Estimated date of confinement (EDC)

IV. Current identifying data

Sommario/riassunto

This is the only truly comprehensive advanced text for the assessment of women's health, written for such primary care providers as NPs, PAs, and CNMs. It encompasses both foundational and cutting-edge physical and psychosocial information in a clear and concise outline format, and is unique in its presentation of more advanced techniques and procedures not addressed in standard graduate assessment texts. Keeping pace with the expanding scope of advanced practice, the third edition provides several completely new chapters authored by renowned specialists, expanded chapters, and updates. This