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Nota di contenuto	Cover; Incorporating Progress Monitoring and Outcome Assessment into Counseling and Psychotherapy; Copyright; Contents; Preface; 1 Introduction and Rationale; Introduction; Factors Increasing the Use of Progress Monitoring and Outcome Assessment Measures; Implementation of Obamacare; High Failure Rates in Counseling and Psychotherapy; Success of Feedback-Enhanced Therapies; Emerging Mobile Technologies and Electronic Medical Records; A Push for Accountability; Data From Clinical Measures Provide Feedback About Progress and Outcome What Scale(s) Should Be Employed for Progress Monitoring and Outcome Assessment Purposes?Users, User Qualifications, Limitations, and Cautions With Progress Monitoring and Outcome Assessment Tests; Summary; 2 Case Studies; Introduction; Quantitative Analysis of Nomothetic Data From a Change-Sensitive Measure: The Behavior Intervention and Monitoring Assessment System; Using Affective Levels of Intensity to Gauge Treatment Progress: The Depression/Anxiety Negative Affect Scale; Tracking Stability and Change in a Client's Depression With the Beck Depression Inventory Idiographic Analysis of Clinical Notes to Track Progress and OutcomesMultiple Idiographic Measures: The Case of Mr. F; Multiple

Idiographic Measures: The Complex Case of Doris; Supervision Incorporating Progress Monitoring Data With an Avoidant Client; Summary; Exercise 1 Identifying a Client's Negative Affect; Exercise 2 Using Qualitative Data for Clinical Feedback; 3 Literature Review; Introduction; Monitoring Client Progress and Detecting Treatment Failure; Feedback-Enhanced Therapies; Treatment Failure; Avoidance and Treatment Failure

Key Criteria for Progress Monitoring and Outcome Assessment Measures Change Sensitivity; Change Sensitivity; Content Validity; Content Validity; Data Collection Frequency and Source; Brevity; Test Development Procedures for Progress Monitoring and Outcome Assessment Measures; Construct Validity; Summary; 4 Test Score Interpretation; Introduction; Types of Reports; Progress Monitoring: Change Across Sessions and Time; Outcome Assessments: Change From Beginning to End; Integrating Qualitative and Quantitative Information

Cautions and Limitations When Interpreting Progress Monitoring and Outcome Assessment Data Summary; 5 Administration and Data Collection; Introduction; Issues With Self-Reports; Issues With Clinical Raters; Parents, Teachers, and Other Adult Raters as Data Sources; Ethical and Legal Guidelines; Summary; Exercise 3 Assessing Client Nonverbals; 6 Evaluating Progress Monitoring and Outcome Assessment Measures; Introduction; Beck Depression Inventory; Evaluating Reliability and Validity Estimates of Progress Monitoring and Outcome Assessment Measures

Evaluation of the Family Life Questionnaire as a Progress Monitoring and Outcome Assessment Measure

Sommario/riassunto

How do therapists know they are making a difference with their clients? Progress monitoring and outcome assessment (PMOA) measures are powerful tools that can provide feedback about short-term progress during counseling and psychotherapy as well as information about the overall amount of progress. Incorporating Progress Monitoring and Outcome Assessment into Counseling and Psychotherapy by Scott T. Meier helps clinicians, students, and researchers learn how to employ and interpret PMOA measures. A new generation of change-sensitive measures has begun to appear that are specially designed to fu
