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Autore	Platt Geoff <1955->
Titolo	Beating dyspraxia with a hop, skip and a jump : simple exercise program to improve motor skills at home and school / / Geoff Platt
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ISBN	0-85700-948-6
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Descrizione fisica	1 online resource (154 p.)
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Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Preface; Part 1: The Background; Chapter 1: What Is Dyspraxia?; Chapter 2: The Causes of Dyspraxia; Chapter 3: Further Research Since the First Edition; Part 2: The Exercise Programs; Chapter 4: The Importance of Exercise; Chapter 5: Why the Program Works; Chapter 6: Exercises and Session Plans for Strength and Fitness; Chapter 7: Exercises and Session Plans for Movement Planning; Chapter 8: What You Can Do to Support a Child During the Sessions; Chapter 9: Meet Some 'Graduates' of the Program; References; Subject Index; Author Index
Sommario/riassunto	Brought up to date with new lesson plans and an extra stage to the programme, the expanded edition of this practical book explains Geoff Platt's simple, step-by-step exercise regime to help children with dyspraxia overcome their symptoms.