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Nota di contenuto	Contents; Acknowledgments; Curriculum Connectors Charts; Song List; Introduction; Benefits of Moving & Learning; Benefits to Children with Special Needs; Meeting Standards; Implementing the Program; Early Elementary Children: Developmental Considerations; Unit 1: Openers and Closers; Unit 2: Basic Movement; Unit 3: Cooperative Activities; Unit 4: Educational Gymnastics; Unit 5: Rhythm and Dance; References; Additional Resources; About the Author
Sommario/riassunto	A physical education curriculum for everyone who works with early elementary children and understands the critical role of movement.