Record Nr. UNINA9910787784403321 The role of emotion and emotion regulation in job stress and well being **Titolo** [[electronic resource] /] / edited by Pamela L. Perrewé, Christopher C. Rosen, Jonathon R.B. Halbesleben Bingley, UK:,: Emerald,, 2013 Pubbl/distr/stampa **ISBN** 1-78190-586-X 1-299-98135-6 Edizione [First edition.] Descrizione fisica 1 online resource (331 p.) Collana Research in occupational stress and well-being, , 1479-3555;; v. 11 Altri autori (Persone) PerrewePamela L HalbeslebenJonathon R. B RosenChristopher C Disciplina 331 Soggetti Medical - Occupational & Industrial Medicinet Medical - Mental Health Social Science - Disease & Health Issues Occupational & industrial psychology Coping with stress Job stress **Emotions** Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes index. Note generali Includes bibliographical references. Nota di bibliografia Overview / Pamela L. Perrewé, Christopher C. Rosen, Jonathon R.B. Nota di contenuto Halbesleben -- Understanding affect, stress, and well-being within a self-regulation framework / Michael Howe, Chu-Hsiang (Daisy) Chang, Russell E. Johnson -- Emotional boundary management: a new adaptive approach to emotion regulation at work / Renae M. Hayward, Michelle R. Tuckey -- Self-guided activities for improving employee emotions and emotion regulation / Amber K. Hargrove, Carolyn Winslow, Seth Kaplan -- Stress and emotional well-being in military

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