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Nota di contenuto	Nutrition security in Tanzania; Table of contents; List of Abbreviations; List of Figures; List of Tables; Abstract; 1 Introduction; 2 The United Republic of Tanzania; 2.1 Geographic data; 2.2 Demographic data; 2.3 Economy and government; 3 The Tanzania Home Economics Association; 3.1 Work of the organization; 3.2 Overview of Projects; 4 Influences of the nutritional situation in Tanzania; 4.1 Traditional diet; 4.2 Food and Nutrition security; 4.3 Malnutrition - effects and causes; 5 Vitamin A - an example of nutrition disorder; 5.1 Absorption and storage; 5.2 Function; 5.3 Aspects of dosage 6 Sweet potato - a solving approach for nutrition disorder6.1 Agricultural facts; 6.2 Cultivation and storage problems; 6.3 Physiological function; 6.4 Processing methods and effects; 7 Empirical Research; 7.1 Empirical question and hypothesis; 7.2 Research design; 7.3 Results of the survey; 7.4 Discussion and conclusion; 8 Summary; References; Annexes; References
Sommario/riassunto	Particularly in developing countries nearly one billion people are effected by nutrition insecurity in form of under- or malnutrition (FAO 2010, p. 1). Merely by the expression of vitamin A-deficiency an estimate of up to 500,000 children go blind worldwide every year (WHO 2011). This survey deals with a solution approach in form of the contribution made by the orange-fleshed sweet potato (OFSP) and its afford towards nutrition security in rural areas of Mwanza, Tanzania.

With help of the partner organization TAHEA, a retrospective
population-based study of the nutritional status of rural popu
