

1. Record Nr.	UNINA9910787502803321
Autore	D'Arcy Yvonne M
Titolo	Compact clinical guide to women's pain management : an evidence-based approach for nurses / / Yvonne D'Arcy
Pubbl/distr/stampa	New York : , : Springer Publishing Company, , [2014] ©2014
ISBN	0-8261-9386-2
Descrizione fisica	1 online resource (353 p.)
Collana	Compact clinical guide series
Disciplina	616 616.0472 616.047205
Soggetti	Analgesics - Therapeutic use Pain - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Cover; Title Page; Copyright Page; Dedication; Contents; Foreword; Preface; Section I: Overview of Pain in Women; Chapter 1: The Problem of Pain in Women; Gender and Sex; Prevalence of Women's Pain Syndromes; Other Physiologic Differences in Pain Between Men and Women; Medication Response Differences; The Estrogen Effect; Types of Pain; Transmission of Pain; Barriers to Treating Pain in Women; References; Additional Resources; Chapter 2: The Art and Science of Pain Assessment; Assessment; Pain Assessment Tools; One-dimensional Pain Scales; Multidimensional Pain Scales The Brief Pain Impact Questionnaire (BPIQ) Behavioral Pain Scales; Pain Assessment in Advanced Dementia (PAINAD); Payen Behavioral Pain Scale (BPS); Measures of Functionality; The Oswestry Disability Index; SF-36 or SF-12 Questionnaires; Assessing Pain in Specialty Populations; Assessing Pain in Older Adults; Assessing Pain in Patients with a Substance Abuse History; Barriers to Pain Assessment; References; Section II: Common Medications and Treatment Options for Pain Management; Chapter 3: Nonopiod Medications; General Guidelines; Level I Medications: Mild to Moderate Pain: Pain Intensity 1-3 Level II Medications: Moderate to Severe Pain: Pain Intensity 4-6 Level III

Medications: Severe Pain: Pain Intensity 7-10; Nonopioid Analgesics for Pain (ACETAMINOPHEN AND NSAIDs); Acetaminophen (ACETYL-PARA-AMINOPHENOL [APAP], PARACETAMOL); Aspirin (ASA); The Nsaid Debate; Special Considerations for Ketorolac (TORADOL); New Developments with Nsaids; References; Chapter 4: Opioid Medications; Women and Opioids; Opioid Medications; The Various Forms of Opioids; Formulations of Opioid Medications; Short-Acting Combination Medications
Extended-Aelease Medications-pain Relief for Consistent Pain-Around-the-Clock Pain ReliefRisk Evaluation and Mitigation Strategies (REMS) ; Opioids in the Older Patient; Tips for Starting Analgesic Medication in the Older Patient; Treating Opioid Side Effects; Helpful Websites; References; Additional Resources; Chapter 5: Coanalgesic Medications; Coanalgesics for Acute Pain; Antidepressant Medications; Anticonvulsant Medications; Topical Analgesics; Muscle Relaxants; Other Coanalgesics; References; Chapter 6: Complementary and Alternative Medicine Techniques for Managing Pain
Differences in Types of TherapyUse of Cam With Women; Body-based Therapy; Mind-body Approaches; Mind-body Therapies; Energy Therapies; Nutritional Therapy; Summary; References; Additional Resources; Chapter 7: Acute Pain: Patient-controlled Analgesia and Epidural Analgesia; Patient-controlled Analgesia; Smart Pump Technology for PCA and Epidural Pumps; Pca Medications and Orders; Monitoring PCA and Treating Adverse Effects; Recommendations for Safe PCA Use; Patients Needing Special Consideration with PCA Use; Epidural Basics; Epidural Medications; Monitoring Patients on Epidural Analgesia
Safety Issues with Epidural Infusions

Sommario/riassunto

""The care provided to women in pain unfortunately often adds to the suffering rather than relieving it. This clinical resource describes instead the evidence-based approach to women's pain that offers optimum relief as well as a compassionate response Congratulations to Yvonne for creation of this resource, which will serve as an excellent tool for clinicians dedicated to pain relief for women. "" . -Betty Ferrell , PhD, MA, FAAN, FPCN, CHPN. Professor and Research Scientist. City of Hope, Duarte, California. Recent research studies have indicated that there is a difference between the pain ex
