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Nota di contenuto	Are You an Impostor?; How Impostor Syndrome Affects You; How Impostor Syndrome Affects Others; Wait! I Can Explain!; Overcoming the Impostor Syndrome; Step 1: Focus on Facts; Step 2: Challenge Your Limiting Beliefs; Step 3: Get Clear On Your Strengths; Step 4: Talk About It; Parting Thoughts
Sommario/riassunto	Do you feel like you're faking it? Are you afraid that someone is going to discover you are an impostor, and that you don't deserve your achievements and successes? You could be suffering from the Impostor Syndrome. This book will explore what the Impostor Syndrome is, why many high-achieving and driven leaders suffer from it, and how, with the right techniques, you can beat the Impostor Syndrome and embrace your success.