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	What Is Cognition?What is Metacognition?; What Are the Objects of Metacognition?; The Content of Thought (What am I thinking about?); The Cognitive Skill Being Used (How should I think about it?); Personal Behavior Supporting Thinking (What dispositions should I adopt while thinking?); Strategies for Incorporating Metacognition Into Practice; Understanding Metacognition; Looking for Opportunities; Using the Language; Teaching the Skills; Integrating Metacognition in the Planning; Kindergarten to University; Summary; CHAPTER 4: BEHAVING

| Sommario/riassunto | The ability to memorise facts is not enough to equip students to solve problems or navigate an evolving world. If we educate young people to become flexible, metacognitive thinkers - and model that behaviour for them - they will understand how to adapt their learning and successfully find their way in new territory. This book shows school leaders how to build a thinking culture within the entire learning community. |