

1. Record Nr.	UNINA9910787366603321
Autore	Mahanarongchai Sumalee
Titolo	Health and disease in Buddhist minds // Sumalee Mahanarongchai
Pubbl/distr/stampa	Nordhausen, [Germany] : , : Verlag Traugott Bautz, , 2014 ©2014
ISBN	3-86945-749-X
Descrizione fisica	1 online resource (128 p.)
Collana	Libri Nigri ; ; 45
Disciplina	616.071
Soggetti	Diseases - Causes and theories of causation Medicine, Popular Buddhism
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Cover; Titelei; Impressum; Contents; Foreword; Introduction; 1. Health and the Wheel of Life; The Meaning of Life; The Wheel of Life; Health in Theravada Buddhism; 2. Illness, Disease and the Process of Life; Life in the Ultimate Level; The Ultimate Understanding of Health; The Ultimate Understanding of Disease; Mental Defilements as the Source of Disease; The Dissolving Character of the Mind; The Way of Disease; 3. The Mind, Mental Defilements, and the Rise of Disease; The Mind, Every Arising Mind, Mind-moment; Mental Defilements; A Group of Unwholesome Minds Rooted in Greed A Group of Unwholesome Minds Rooted in Aversion A Group of Unwholesome Minds Rooted in Delusion; The Rise of Disease; 4. Wholesome Mental Concomitants, Health, and the Round of Birth; Various Aspects of the Mind; Wholesome Mental Concomitants; The Process of Health; Health and the Round of Birth; 5. The Mind's Will, Mindfulness, and the Way to Health; The Mind's Paradoxical Nature; The Mind's Will; Mindfulness and Health; The Way to Health; Appendix A - Mental Concomitants; Appendix B - The Fourfold Foundation of Mindfulness
Sommario/riassunto	The mind is hard to check, swift, flits wherever it listeth, the control of which is good; a controlled mind is conducive to happiness. The mind is very hard to perceive, extremely subtle, flits wherever it listeth; let

the wise person guard it; a guarded mind is conducive to happiness.
The Dhammapada InhaltsverzeichnisContentsForewordIntroduction1
Health and the Wheel of LifeThe Meaning of LifeThe Wheel of LifeHealth
in Therav? da Buddhism2 Illness, Disease and the Process of LifeLife in
the Ultimate LevelThe Ultimate Understanding of HealthThe Ultimate
Understanding of DiseaseMental Defilemen
