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Nota di contenuto	Contents; Preface; Part A; Chapter 1 Introduction to Diagnosis in Chinese Medicine; Development History; Main Contents; Characteristics and Principles; Examining the Interior and Exterior; Identifying Patterns to Determine Causes; Comprehensive Analysis of the Four Examinations; Recommended Learning Methods; Be Familiar with the Basic Theory of Chinese Medicine; Participate in Practice; Pay Attention to Details; Acquire Good Thinking Skills; Chapter 2 The Four Diagnostic Methods; Inspection; Inspecting the Spirit; Inspecting the Facial Complexion The projections of the zang-fu organs on the faceTen methods to observe the facial complexion; Normal color and morbid color; Inspecting the Body Shape and Posture; Inspecting the Five Sense Organs; Inspecting the eyes; Observing the eyes for spirit (in both the narrow and broad senses); Observing the colors of the eyes; Observing the movements of the eyeballs; Inspecting the ears; Inspecting the noses; Inspecting the lips; Inspecting the teeth and gums; Observing

the teeth; Observing the gums; Inspecting the skin; Inspecting the collaterals of the index fingers  
Inspecting the tongue (tongue diagnosis) Examination methods and cautionary notes; Contents of the tongue diagnosis; Auscultation and Olfaction; Listening to the Sounds; Speaking voice; Speech-abnormal speech and indications; Breathing; Coughing-abnormal coughs and indications; Vomiting; Hiccups; Belching; Sighing; Sneezing; Bowel sounds; Smelling the Odor; A foul breath; Sweat odor; Sputum odor; Stools; Urine; Menstruation or leukorrhea; Case Studies; Case 1; Case 2; Inquiry; Cautionary Notes; Contents of Inquiry; Inquiry regarding the general information; Inquiry regarding the lifestyle  
Inquiry regarding the family history and past case history Inquiry regarding the onset; Inquiry regarding the present symptoms; Inquiry regarding chills and fever; Chills and fever; Chills without fever; Fever without chills; Alternating chills with fever; Inquiry regarding the sweating; Sweating in an exterior syndrome; Sweating in an interior syndrome; Sweating in specific body areas; Inquiry regarding the chest, hypochondrium, epigastrium and abdomen; Inquiry regarding the ears and eyes; Ears; Tinnitus; Deafness; Being hard of hearing; Eyes; Inquiry regarding the diet and taste  
Thirst and drink Appetite; Inquiry regarding sleep; Insomnia; Somnolence; Inquiry regarding bowel movements and urination; Bowel movements; Urination; Inquiry regarding menstruation, leukorrhea, pregnancy and childbirth; Menstruation; Leukorrhea; Pregnancy; Childbirth; Inquiry regarding children's conditions; Palpation; Feeling the Pulse (Pulse Diagnosis); Three methods of pulse diagnosis; Three regions and nine positions of pulse-taking; Three-region pulse-taking; Cunkou pulse-taking; Methods of pulse-taking and cautionary notes; Time and length of pulse-taking; Posture of pulse-taking  
Finger technique

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#### Sommario/riassunto

The 21st century is the start of an era where people are beginning to look at health and medical care from a different perspective. Understanding the conventional pattern of medical treatment alone has ceased to meet the ever-growing demands of social development, and hence, the trend of exploiting natural therapies has gradually emerged. Besides turning to Chinese medicine as an option for treatment, increasingly, the principles and practices used in this field have been garnering more interest. This is exactly the reason why this book is compiled. It is our hope that the contents can be of he

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