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Titolo	A guide to living with EhlersDanlos syndrome (hypermobility type) : bending without breaking // Isobel Knight ; foreword by Alan J. Hakim
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Nota di contenuto	""A Guide to Livingwith Ehlers-Danlos Syndrome""; ""Foreword""; ""Acknowledgements""; ""Introduction""; ""Chapter 1: What is Ehlers-Danlos Syndrome a€? Hypermobility Type?""; ""Chapter 2: Symptoms of EDS-HT""; ""Chapter 3: Diagnosis of EDS-HT""; ""Chapter 4: Children and EDS-HT""; ""Chapter 5: Adolescents and EDS-HT""; ""Chapter 6: Pain Management and Adults and EDS-HT""; ""Chapter 7: Other Related Physical Conditions and EDS-HT""; ""Chapter 8: Menstruation, Pregnancy, Childbirth and the Menopause and EDS-HT""; ""Chapter 9: Psychological Support and EDS-HT"" ""Chapter 10: Physiotherapy and Pilates Management and EDS-HT"" Chapter 11: Somatic and Related Practices""; ""Chapter 12: Complementary Health a€? Alternative Therapies""; ""Chapter 13: Specialist Therapies and Information""; ""Chapter 14: Dancers and EDS-HT ""; ""Chapter 15: Sports and Activities ""; ""Chapter 16: I Have EDS-HT a€? Now What? ""; ""Glossary of Terms/Acronyms ""; ""Resources""; ""References""; ""Subject Index""; ""Author Index""
Sommario/riassunto	Covering everything from recognising symptoms and obtaining initial diagnosis to living with the condition on a daily basis, this complete guide to living with and managing Ehlers-Danlos Syndrome (Hypermobility Type - formerly known as Type III) has been revised and

fully-updated in this accessible new edition. The author, who has the condition, looks at how it affects children and adolescents and explores pain management, pregnancy, physical and psychological aspects, and how it widely affects dancers and other performance artists. New material includes: changes in terminology information on ho
