

1. Record Nr.	UNINA9910794288103321
Autore	Homayoun Ana
Titolo	Social media wellness : helping tweens and teens thrive in an unbalanced digital world / / Ana Homayoun
Pubbl/distr/stampa	Thousand Oaks : , : Corwin, , 2018
ISBN	1-0718-7319-9 1-5063-4306-6 1-5063-0131-2
Descrizione fisica	1 online resource (222 pages) : illustrations
Collana	Corwin Teaching Essentials
Disciplina	004.678083
Soggetti	Social media and children Internet and children
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references (pages 191-205) and index.
Nota di contenuto	Landscape : what today's social media world looks like for tweens and teens -- Background : where we've been, where we're going, and why it matters -- Side effects : five ways social media affects today's tweens and teens -- Conversations : how to talk about social media -- Academic wellness : organization, compartmentalization, and energy management in the age of distractions -- Social and emotional wellness : encouraging students to be healthy online and in real life -- Physical wellness : finding balance in an unbalanced world -- Moving forward : implementing the strategies at school and at home -- Recommended reading list -- Acknowledgments -- Endnotes -- Index.
Sommario/riassunto	Solutions for navigating an ever-changing social media world Today's students face a challenging paradox: the digital tools they need to complete their work are often the source of their biggest distractions. Students can quickly become overwhelmed trying to manage the daily confluence of online interactions with schoolwork, extracurricular activities, and family life. Written by noted author and educator Ana Homayoun, Social Media Wellness is the first book to successfully decode the new language of social media for parents and educators and provide pragmatic solutions to help students: • Manage distractions • Focus and prioritize • Improve time-management •

Become more organized and boost productivity • Decrease stress and build empathy With fresh insights and a solutions-oriented perspective, this crucial guide will help parents, educators and students work together to promote healthy socialization, effective self-regulation, and overall safety and wellness. *Tips From Teens On Promoting Social Media Wellness* "Ana Homayoun has written the very book I've yearned for, a must-read for teachers and parents. I have been recommending Ana's work for years, but Social Media Wellness is her best yet; a thorough, well-researched and eloquent resource for parents and teachers seeking guidance about how to help children navigate the treacherous, ever-changing waters of social media and the digital world." -Jessica Lahey, Author of *The Gift of Failure* "This is the book I've been waiting for. Ana Homayoun gives concrete strategies for parents to talk with their teens without using judgment and fear as tools. This is a guidebook you can pick up at anytime, and which your teen can read, too. I'll be recommending it to everyone I know." -Rachel Simmons, Author of *The Curse of the Good Girl* *Read About Ana Homayoun in the news:* • NYTimes, *The Secret Social Media Lives of Teenagers* • Pacific Standard, *Holier Than Thou IPO: Snapchat and Effective Parenting* • Parenttoolkit.com, *Emojis, Streaks, Stories, and Scores: What Parents Need to Know About Snapchat* • Los Angeles Review of Books, *Life and Death 2.0: When Your Grandmother Dies Online* • Chicago Tribune, *Social Media Footprints are Nothing New, So What Were those Harvard Students Thinking?* • Today Show, *9 Tips to Help Teens Manage Their Social Media Footprint* • 5 Ways Parents Can Help Kids Balance Social Media with the Real World.

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2. Record Nr.	UNINA9910787103503321
Titolo	Corrosion in power industry : special topic volume with invited peer reviewed papers only // edited by Maros Halama and Jan Stouli. [Zurich, Switzerland] : , : TTP, , 2015
Pubbl/distr/stampa	©2015
ISBN	3-03826-746-5
Descrizione fisica	1 online resource (92 p.)
Collana	Materials Science Forum, , 1662-9752 ; ; Volume 811
Disciplina	620.162
Soggetti	Alloys - Corrosion Corrosion and anti-corrosives Nanotechnology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and indexes.
Nota di contenuto	Corrosion in Power Industry; Preface; Table of Contents; I. Degradation of Solar Cells; Non-Destructive Technique for Evaluation of Degradation on Solar Cells; Effect of Humidity on Selective Surface of Solar Absorber Plates; II. Corrosion of Nanoparticles; A Lifetime of Metallic Nanoparticles in Heat Exchange Liquids; III. Failure Analysis; Corrosion Protection of Infrastructure of Power Industry; Corrosion Degradation of Steel Pipes in Indirect Cooling Circuit of Gas Cleaning; Atmosphere Aggressivity State Mapping in Slovak Republic for Corrosion of Construction Materials IV. Surface TreatmentInfluence of Anodic Oxidation on the Polarization Resistance of Ti6Al4V Alloy after Shot Peening; Quality Evaluation of HVOF Coatings on the Basis of WC-Co in Tribocorrosive Conditions; Effect of Surface Treatment by DCPD Coating on Corrosion Resistance of Magnesium Alloy Elektron 21; V. Material Properties; Influence of Temperature on the Electrochemical Characteristics of Ti-6Al-4V; The Corrosion Properties of EN AW 7075 Aluminium Alloy in Power Industry; VI. Safety Issue; BLEVE - Cases, Causes, Consequences and Prevention; Keywords Index; Authors Index
Sommario/riassunto	Nowadays trend in application of eco policy, more strict legislative and globalisation in economy together with research and development in

emerging technologies such as nanotechnology bringing also new corrosion challenges into the power industry sector. New alloys and composite materials, eco-friendly energy systems, effective monitoring techniques and sophisticated prediction methods contribute on safer and more reliable operation of energy units. All up-mentioned circumstances required interdisciplinary approach to build perspective solutions with aim to minimize degradation process of com

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