Record Nr. UNINA9910787024003321 Autore Lutz Anne Bodmer <1963-> Titolo Learning solution-focused therapy: an illustrated guide / / by Anne **Bodmer Lutz** Pubbl/distr/stampa Washington, District of Columbia; ; London, England:,: American Psychiatric Publishing, a division of American Psychiatric Association, 2014 **ISBN** 1-61537-098-6 1-58562-995-2 [First edition.] Edizione 1 online resource (249 p.) Descrizione fisica Disciplina 616.8914 Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Introduction to solution-focused therapy -- Beginning with strengths and resources -- The yes-set -- Language skills in solution-focused therapy -- Scaling questions and the miracle question -- Solutionfocused goal negotiation -- Other useful solution-focused questions -- Solution-focused assessment -- Solution-focused psychopharmacotherapy -- Solution-focused therapy with addiction --Solution-focused supervision -- Solution-focused consultation. <P>Solution-focused therapy is an evidenced-based practice that Sommario/riassunto focuses on creating conversations that build solutions, rather than solve problems. Learning Solution-Focused Therapy: An Illustrated Guide teaches readers how to practice and become competent in conducting solution-focused therapy. </P>