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Sommario/riassunto	Here is an account of mentality and human experience, written for a multi-disciplinary readership. The focus is on how mind, consciousness and selves inter-relate, extending into exploration of ideas about the nature of awareness and a search for relevant evidence.'Consciousness studies' has reached something of a crossroads nowadays. Computational approaches to mind and 'quantum consciousness' theories, have not lived up to early hopes. Neuroscience has made huge strides in the last few y...