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Nota di contenuto	1. Counselor self-supervision : a historical overview -- 2. The counselor-client relationship -- 3. Person-of-the-counselor -- 4. Reflectivity : the essence of self-supervision -- 5. Self-supervision in action -- 6. Self-supervision and counselor self-care.
Sommario/riassunto	Self-Supervision synthesizes past and current literature on the theory and practice of self-supervision and provides counselors and human service professionals with a plan for the pursuit of independent professional growth.