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Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	An introduction to contemplative learning & inquiry across disciplines / Olen Gunnlaugson, Edward W. Sarath, Heesoon Bai, Charles Scott -- Contemplative studies : a new academic discipline -- Contemplative pedagogy in higher education : toward a more reflective academy / Arthur Zajonc -- A philosophical framework for contemplative education / Deborah Orr -- Kindred spirits in teaching contemplative practice : distraction, solitude, and simplicity / Mara Adelman -- Contemplation: the soul's way of knowing / John (Jack) Miller -- Fitting in breath hunting : Thai and US perspectives on contemplative pedagogy / David Lee Keiser -- A pedagogy for the new field of contemplative studies / Harold Roth -- Domain specific perspectives -- Learning about obligation, compassion, and global justice : the place of contemplative pedagogy / David Kahane -- History as Dharma : a contemplative practice model for teaching the Middle East and Africa / Elise G. Young -- Paying attention : introspection as a ground of learning / Daniel Barbezat -- Integrating mindfulness theory and practice at lesley university / Nancy W. Waring -- Information and contemplation : exploring contemplative approaches to information technology / David Levy -- Contemplative pedagogy : perspectives

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Joanna Gozawa -- What next? : contemplating the future of
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Author biographies.
