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Nota di contenuto	Cover; Title page; Copyright page; Brief Contents; Contents; Preface; Acknowledgements; About the Editors; Contributors; How to Use Your Textbook; About the Companion Website; Unit 1: Contextualising the Art and Science of Nursing; 1: Nursing: Past, Present and Future; Introduction; A Glance at the History of Nursing; Pre-history; Ancient History; Florence Nightingale (1820-1910); Mary Seacole (1805-1881); The development of education and regulation for nurses; The development of modern nursing; Virginia Henderson (1897-1996); Dorothea Orem (1914-2007); Hildegard Peplau (1909-1999) Patricia BennerMargaret Newman; The Beginnings of the NHS and Nursing; Early Nursing Research; Project 2000; Drivers for Change; Modernising Nursing Careers; The Nursing and Midwifery Council (NMC) and Nurse Education; Essential Skills Clusters; Current Nurse Education; The Francis Report; The New Framework for Nursing and Midwifery; Role of the Nurse; The NHS and Healthcare Reform; Conclusion; References; Test Yourself; Answers; 2: The Professional Nurse and Contemporary Health Care; Introduction; The Nurse as a Professional; The NMC Code of Professional Conduct; Fitness to Practise Teaching and Learning in PracticeThe Nurse as a Mentor; Theoretical Frameworks for Teaching and Learning; The Adult Learner; Lifelong Learning and PREP; Reflective Practice; Leadership Styles and Theories;

Evidence-Based Practice; Change Management; Clinical Governance; Interprofessional Working; Working in Collaboration with Patients; Conclusion; References; Test Yourself; Answers; 3: Health Promotion; Introduction; Health Promotion; Defining Health; Factors Affecting Health; Interpersonal Skills for Nursing and Health Promotion; Motivational Interviewing and Brief Interventions  
Models of Health Promotion Frameworks for Supporting Health; Behaviour Change; Behaviour Models; The Contemporary Focus of Health Promotion; Starting Well; Developing Well - Children Aged 5-18; Living Well; Working Well; Ageing Well; Travel Health; Conclusion; References; Test Yourself; Answers; 4: Public Health; Introduction; Setting the Scene for Public Health in the UK; Public Health England; Health Inequalities; Measuring Deprivation; The Marmot Review; The Causes of Health Inequalities; Epidemiology and Public Health; Health Protection; Primary Care Nursing  
The Evolution of Primary Care Nursing District Nursing; Community Matrons; Health Visitor and School Health Advisor; School Health Advisor (School Nurse); Conclusion; References; Test Yourself; Answers; Unit 2: The Elements of Care; 5: Ethics, the Law and the Nurse; Introduction; Values; Approaches to Ethics; Applied Ethics; Deontology; Outcomes-Based Ethics - Utilitarianism; Virtue Ethics; Morals and Ethics; Ethical Principles; Autonomy; Beneficence; Non-maleficence; Justice; Fidelity; Veracity; Legal and Ethical Dilemmas in Nursing; Confidentiality; Consent; Informed Consent  
Mental Capacity and the Right to Refuse Treatment

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### Sommario/riassunto

Nursing Practice is the essential, textbook to support you throughout your entire nursing degree, from your first year onwards. It explores all the clinical and professional issues that you need to know in one complete volume. Written in the context of the latest Nursing and Midwifery Council Standards for Pre-Registration Nursing Education and the Essential Skills Clusters, this book covers all fields of nursing: Adult, Child, Mental Health, Learning Disabilities and also Maternity care, in both acute and community settings. With full colour illustrations, and plenty of activities and user-

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