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Nota di contenuto	part I. Introductory issues -- part II. Dietary fibre sources -- part III. Improving the quality of fibre-rich and wholegrain foods : cereal products -- part IV. Improving the quality of fibre-enriched foods : other products.
Sommario/riassunto	Consumers are increasingly seeking foods that are rich in dietary fibre and wholegrains, but are often unwilling to compromise on sensory quality. Fibre-rich and wholegrain food reviews key research and best industry practice in the development of fibre-enriched and wholegrain products that efficiently meet customer requirements. Part one introduces the key issues surrounding the analysis, definition, regulation and health claims associated with dietary fibre and wholegrain foods. The links between wholegrain foods and health, the range of fibre dietary ingredients and a comparison of t