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Aromatherapy; Boot Camp Interventions and Disciplinary Boarding Schools; Drug Abuse Resistance Education
"Energy" Psychology and the Emotional Freedom Technique
Rebirthing Therapy; Reparative/Conversion Therapy; Seeking Resolution;
References; Chapter 4: Evidence-Based Treatments for Mental, Emotional, and Behavioral Problems in Ethnic Minority Children and Adolescents; Defining Key Terms; Evidence for Using Current Treatment Protocols With Ethnic Minority Youth; Integrating Culture in the Treatment of Disorders in Ethnic Minority Youth; Toward EBTs With Ethnic Minority Youth: Theory-Based Approaches; Conclusions and Clinical Recommendations; References
Chapter 5: New Methods of Service Delivery for Children's Mental Health Care
Innovative Solutions to Problems in Care Availability and Quality; Strategic Reformatting of Evidence-Based Treatments; Technology-Based Treatment Delivery Formats; Conclusions; References; Chapter 6: Dissemination and Implementation of Evidence-Based Treatments for Children and Adolescents; Conceptual Primer on Dissemination and Implementation; Why Is Dissemination and Implementation Science Needed?; Child and Family Factors; Therapist Factors; Organizational Factors; System Factors; Models of Dissemination
Rogers' Diffusion of Innovations Model
Fixsen et al.'s Implementation Framework; Mental Health Systems Ecological Model; Proctor et al.'s Implementation Research Model; Aarons et al.'s Multilevel, Multiphase Implementation Model; Meyers et al.'s Quality Implementation Framework; Recent Exemplars of EBT Implementation Research; Conclusion; References; Section II: Disorder-Focused Interventions;
Chapter 7: Anxiety Disorders in Children; Brief Overview of Disorders; Separation Anxiety Disorder; Generalized Anxiety Disorder; Social Anxiety Disorder (Social Phobia); Specific/Simple Phobia
Evidence-Based Approaches

Sommario/riassunto

A complete guide to evidence based interventions for children and adolescents The past decade has witnessed the development of numerous interventions proved to be highly effective; several treatments are now considered to be "well established" or "probably efficacious" interventions for children. Given the range of providers working with children-clinical psychologists, child psychiatrists, clinical social workers, school psychologists, and marriage and family therapists-this book is designed to provide all professionals the information they now need about the use of these evidence-based i
