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Nota di contenuto	Cover; Title; Copyright; Contents; Foreword; Preface; Acknowledgments; Share Workplace Mental Health Manual for Nurse Managers; Part I: The Importance of Achieving a Healthy Work Environment; Chapter 1: Stress, Mental Health, and Mental Illness 101; Learning Objectives; Summary; Discussion Questions; References; Chapter 2: Understanding Workplace Mental Health; Learning Objectives; Summary; Discussion Questions; References; Chapter 3: The Perfect Storm; Learning Objectives; Summary; Discussion Questions; References; Part II: Creating and Fostering a Respectful Workplace Environment Chapter 4: The Role of the Organization in Creating and Fostering Positive Workplace Mental Health Learning Objectives; Summary; Discussion Questions; References; Chapter 5: The Roles of Leadership and Management in Building a Mentally Healthy Workplace; Learning Objectives; Summary; Sample Questions; References; Chapter 6: The Role of the Nurse as a Person and a Professional; Learning Objectives; Summary; Discussion Questions; References; Part III: The Issues that Challenge One's Mental Health; Chapter 7: Workplace Bullying; Learning Objectives; Summary; Discussion Questions; References

Chapter 8: Violence at Work Learning Objectives; Summary; Discussion Questions; References; Chapter 9: Addictions; Learning Objectives; Summary; Discussion Questions; References; Chapter 10: Moral Distress and Ethics in the Workplace; Learning Objectives; Summary; Discussion Questions; References; Chapter 11: Working With Colleagues Who Have Mental Illness; Learning Objectives; Summary; Discussion Questions; References; Part IV: Strategies for Managing the Mentally Unhealthy Workplace; Chapter 12: Meeting the Mental Health Needs of Employees: A Personal Approach; Learning Objectives; Summary Discussion Questions References; Chapter 13: Meeting the Mental Health Needs of Employees: A Professional Approach; Learning Objectives; Summary; Discussion Questions; References; Chapter 14: Meeting the Mental Health Needs of Employees: An Organizational Approach; Learning Objectives; Summary; Discussion Questions; References; Index

Sommario/riassunto

"This text provides a comprehensive overview, if not thesis, of the contributing factors to workplace stress and how to revisit [them] and our own mental health. How can nurses and health care workplaces expect to offer health and healing when such basic foundational human dynamics of mental health are not addressed? This work opens the door to both the dynamics and the deep dimensions of the root issues facing humanity and our places of work and play." - Jean Watson, PhD, RN, AHN-BC, FAAN (From the Foreword). Today's health care landscape has brought many changes, challenges, and even turn
