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Nota di contenuto	Introduction: What is action research and why should you do it? 1. Thinking about what you need to do 2. Drawing up action plans 3. Putting your plans into action 4. Monitoring, gathering and interpreting data Case story 1: How can I help my students to improve their English? / Ma Hong Case story 2: How can I help two students improve their confidence in learning English? / Gong Lixia Case story 3: In loco parentis: should teachers be parents too? / Lisa Percy 5. Evaluating your research: a case for teachers self-evaluation 6. Letting your voice be heard: a case for whole-school evaluation 7. Sharing and disseminating your work Case story 4: How can I help to promote sustainable educational development at China's Experimental Centre for Educational Action Research in Foreign Languages Teaching? / Moira Laidlaw End word.
Sommario/riassunto	"Action Research for Teachers provides a detailed explanation of what action research is and its importance in terms of whole school development. This book invites you to try out educational research for yourself and adopt an investigative attitude that will not only help you to improve and evaluate your practice but also to produce research-

based evidence to support your claims to professional knowledge and expertise." "Assuming no prior knowledge of research methods and techniques, this is the perfect companion for teachers at all levels engaged in professional development, who need to enhance their formal reflection skills."--