1. Record Nr. UNINA9910786469503321 Autore Humphrey James Harry <1911-, > Titolo Child development through sports / / James H. Humphrey New York:,: Haworth Press,, 2003 Pubbl/distr/stampa **ISBN** 1-136-40651-4 0-203-04935-7 1-283-83846-X 1-136-40644-1 Descrizione fisica 1 online resource (158 p.) Disciplina 796/.083 Soggetti Sports for children Child development Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references (p. 133-135) and index. Nota di contenuto Child Development Through Sports; Copyright; Contents; Foreword; Preface; Chapter 1. An Overview of Child Development; General Characteristics of Five- to Twelve-Year-Old Children: Forms of Development; A Concept of Total Child Development; Meeting the Needs of Children; Helping Children Understand Their Own Development; Chapter 2. Health As a Factor in Child Development; The Meaning of Health and Related Terms; The Health Triangle; Chapter 3. Stress As a Factor in Child Development; Children and Stress; The Meaning of Stress: The Stress Concept; Home Stress: School Stress Chapter 4. An Overview of Children's SportsHistorical Background; Important Aspects of Children's Sports; Chapter 5. Objectives of Children's Sports: Physical Objectives: Social Objectives: Emotional Objectives: Intellectual Objectives: Chapter 6. Physical Development: Physical Needs; Guidelines for Physical Development; Evaluating Contributions of Sports to Physical Development: Physical Activity Yield: Chapter 7. Social Development; Social Needs; Guidelines for Social Development Through Sports; Possibilities for Social Development

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## Sommario/riassunto

A guidebook for adults involved in children's sports! Child Development Through Sports is a commonsense guide for anyone involved in children's sports, presenting thoughtful analysis with an emphasis on maximizing the development of a child's social, emotional, physical, and intellectual capabilities through sports. Written by Dr. James H. Humphrey, who has been involved in children's sports at every level for nearly 60 years, the book stresses the potential contribution sports participation can make to a child's development and the negative impact it can have if programs are not cond