

1. Record Nr.	UNINA9910671541903321
Titolo	El derecho penal economico y de la empresa [[Recurso electrónico] /] / Norberto Mata Barranco [y otros 3]
Pubbl/distr/stampa	Madrid : , : Dykinson, , 2018
ISBN	84-9148-732-8
Descrizione fisica	1 recurso en linea (759 paginas)
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Soggetti	Empresa Derecho Commercial crimes Libros electronicos.
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Formato	Materiale a stampa
Livello bibliografico	Monografia
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2. Record Nr.	UNINA9910705109603321
Titolo	The threat to Americans' personal information : a look into the security and reliability of the health exchange data hub : hearing before the Subcommittee on Cybersecurity, Infrastructure Protection, and Security Technologies of the Committee on Homeland Security, House of Representatives, One Hundred Thirteenth Congress, first session, September 11, 2013
Pubbl/distr/stampa	Washington : , : U.S. Government Printing Office, , 2014
Descrizione fisica	1 online resource (iii, 45 pages)
Soggetti	Health insurance - United States - Data processing Insurance exchanges - Security measures - United States Information storage and retrieval systems - Health insurance Database security - United States Data protection - United States Privacy, Right of Legislative hearings.
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3. Record Nr.	UNINA9910786467803321
Autore	OImori Solgen <1904-, >
Titolo	An introduction to Zen training : a translation of Sanzen nyumon // Omori Sogen ; introduction by Trevor Leggett ; translated by Dogen Hosokawa, Roy Yoshimoto
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Edizione	[1st English ed.]
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Altri autori (Persone)	HosokawaDolgen LeggettTrevor YoshimotoRoy
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Nota di contenuto	Cover; An Introduction to Zen Training: A Translation of Sanzen Nyumon; Copyright; Table of Contents; Acknowledgements; Canon; Foreword to the English Edition; Introduction; Preface; Chapter 1. Why Do Zazen; To Know Our True Self; Now, Here and I; Chapter 2. The Aim of Zazen; Types of Zazen; Mistaken Aims; What Is Zazen?; The Four Relationships Between Sitting and Zen; Chapter 3. How to Sit in Zen Meditation; Preparation Before Sitting; Adjusting the Body; Adjusting the Breath; Adjusting the Mind; Illustrations of the Unification of Mind, Breath, and Body Chapter 4. Things to Pay Attention to During Meditation Advisability of Putting Strength in the Hara; On Mitnen Mitso (No Thought and No Thinking); The Direction of Zazen; How Long Should We Sit?; Continue Training Long and Steadily; Selecting Your Teacher; On Makyo (Disturbing Conditions); How to Get to Your Feet After Sitting; Kufu in Movement-Practical Training; Zazen Without Sitting; Samadhi and Attachment; Sit Hard and Sit a Great Deal; The Rinzai Sect and the Soto Sect; Discipline and Proof; Zen Associations; Chapter 5. Physiological

Effects; In Serenity Beyond Life and Death

Dying in Meditation Every Day a Good Day; Playing in Samadhi; Solitary Sitter: Great Sublime Peak; A Clear Wind Arising in Every Step of Our Feet; Standing Up in Response; Coming Without Any Sound; Being Unborn; Waiting in Hell; Chapter 6. Zazen Wasan (A Song of Zazen); Chapter 7. The Ten Oxherding Pictures; Epilogue; Appendices; Notes; Lineage; Glossary; Index

Sommario/riassunto

When Buddha Said that We suffer because of our attachments, he was describing the condition in which we view the world from the perspective of our ego, that part of us that says fundamentally we are each individual, apart from all that surrounds us. Buddhism in general is a religion that leads to a deeper perspective, that all existence is part of the Whole. While many people find that a meaningful belief, Zen Buddhism takes a slightly different position: don't believe a lofty religious ideal. All of you - flesh and blood, thoughts and emotions - can experience the Whole directly at all times
