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Autore	Parker Woodrow M.
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Nota di contenuto	Cover; Title Page; Copyright Page; DEDICATION; PREFACE; Table of Contents; LIST OF ACTIVITIES; LIST OF FIGURES; 1 INTRODUCTION; General Approach; Definitions; Training Model; General Goals; Using This Program (Information for Organizers and Facilitators); Activity 1-1 Journal Writing Activity; References; 2 PERSONAL AWARENESS: IDENTITY DEVELOPMENT AND MULTICULTURAL RELATIONS; Racial and Ethnic Identification: A Vehicle for Self-Understanding; Minority Identity Development Model; Stage One: Conformity; Stage Two: Dissonance; Stage Three: Resistance and Immersion; Stage Four: Introspection Stage Five: Synergetic Articulation and AwarenessWhite Racial Consciousness Model; Stage One: Contact; Stage Two: Disintegration; Stage Three: Reintegration; Stage Four: Pseudo-Independence; Stage Five: Autonomy; Gay and Lesbian Identity Development; Stage One: Identity Confusion; Stage Two: Identity Comparison; Stage Three: Identity Tolerance; Stage Four: Identity Acceptance; Stage Five: Identity Pride; Stage Six: Identity Synthesis; Summary; Activities; Activity 2-1

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Sommario/riassunto

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