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Titolo	Accroitre sa resilience [[e-book]] : comment reussir en periode de transition / / Mary Lynn Pulley et Michael Wakefield
Pubbl/distr/stampa	Greensboro, N.C., : Center for Creative Leadership, 2012
ISBN	1-60491-129-8
Edizione	[1st edition]
Descrizione fisica	1 online resource (29 p.)
Collana	Guides "Transformer les idees en action"
Altri autori (Persone)	WakefieldMichael
Disciplina	782.10268
Soggetti	Organizational change Self-actualization (Psychology) Resilience (Personality trait)
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Note generali	"Originally published in English as Building Resilience: How to Thrive in Times of Change, c2001"--T.p. verso.
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Nota di contenuto	Accroitre sa resilience: Comment reussir en periode de changement; GUIDES « TRANSFORMER LES IDEES EN ACTION »; SERIE DE GUIDES « TRANSFORMER LES IDEES EN ACTION »; Table des matieres; Sommaire executif; Qu'est-ce que la resilience ?; Pourquoi la resilience est-elle importante ?; Devenir resilient; Feuille de travail sur la resilience; Ouvrages suggeres; Contexte; Resume des points cles; Demande d'informations
Sommario/riassunto	It may be human nature to resist change-particularly when it's delivered as a hardship, disappointment, or rejection. But by developing resiliency managers can not only survive change, but learn, grow, and thrive in it. In fact, for leaders, developing resiliency is critical. Resiliency helps managers deal with the pressures and uncertainties of being in charge in organizations today.