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| Nota di contenuto | Cover; Resilient Grandparent Caregivers; Title Page; Copyright Page; Table of Contents; About the Editors; Contributors; Foreword; Preface; PART I Resilience and Resourcefulness Among Grandparent Caregivers; 1 The Role of Negative and Positive Caregiving Appraisals in Key Outcomes for Custodial Grandmothers and Grandchildren; 2 The Relation Between Caregiving Style, Coping, Benefit Finding, Grandchild Symptoms, and Caregiver Adjustment Among Custodial Grandparents; 3 Resourcefulness in Grandmothers Raising Grandchildren 4 The Role of Resilience in Mediating Stressor-Outcome Relationships Among Grandparents Raising Their Grandchildren5 Resilient Grandparent Caregivers: Pathways to Positive Adaptation; 6 Grandparent Caregivers' Self-Care Practice: Moving Toward a Strengths-Based Approach; PART II Interpersonal Aspects of Resilience and Resourcefulness in Grandparent Caregivers; 7 Raising Grandchildren as an Expression of Native Hawaiian Cultural Values; 8 |

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9 Formal Social Support: Promoting Resilience in Grandparents Parenting Grandchildren
10 Social and Personal Resources of Grandmother Caregivers After Grandchildren Are Grown; PART III
Strength-Based Interventions with Grandparent Caregivers; 11 Orienting to the Positive: A Practice Framework for Grandparent Caregiving; 12 Skip Generations: A Strength-Based Mentoring Program for Resilient Grandparent Caregivers; 13 Challenges in Translating an Evidence-Based Health Self-Management Intervention for Grandparent Caregivers
14 Promoting Resilience: Counseling Grandparents to Raise Effective Grandchildren
15 Resiliency and Custodial Grandparents: Recognizing and Supporting Strengths; 16 Promoting Family Empowerment Among African American Grandmothers Raising Grandchildren; Epilogue; Index

Sommario/riassunto

The study of grandparents raising grandchildren, now almost two decades old, has tended to have a negative bias, emphasizing the difficulties such people face and the negative impact that grandparent caregiving has on them physically, socially, and emotionally. This edited book seeks to reverse this trend by taking a positive approach to understanding grandparent caregivers, focusing on their resilience and resourcefulness. This method reflects a strengths-based approach and the importance of benefit-finding and positive coping. Chapters feature information from both qualitative and quantit
