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| 1. Record Nr.           | UNINA9910137511603321   |
| Titolo                  | Screening for colorectal cancer with colonoscopy // edited by Rajunor Ettarh  |
| Pubbl/distr/stampa      | Rijeka, Croatia : , : InTech, , [2015]<br>©2015   |
| ISBN                    | 953-51-7271-9<br>953-51-2225-8  |
| Descrizione fisica      | 1 online resource (152 pages)   |
| Disciplina              | 616.994347  |
| Soggetti                | Colon (Anatomy) - Cancer  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| 2. Record Nr.           | UNINA9910786220103321   |
| Autore                  | Walser Robyn  |
| Titolo                  | Acceptance and Commitment Therapy for the Treatment of Post-Traumatic Stress Disorder and Trauma-Related Problems [[electronic resource] ] : A Practitioner's Guide to Using Mindfulness and Acceptance Strategies                                    |
| Pubbl/distr/stampa      | Oakland, CA, : New Harbinger Publications, 2007   |
| Descrizione fisica      | 1 online resource (270 p.)  |
| Altri autori (Persone)  | WestrupDarrah   |
| Disciplina              | 616.85/2106<br>616.852106<br>616.85210651   |
| Soggetti                | Post-traumatic stress disorder - Treatment<br>Acceptance and commitment therapy - Treatment<br>Psychic trauma<br>Stress Disorders, Post-Traumatic - therapy<br>Cognitive Behavioral Therapy - methods<br>Stress Disorders, Traumatic, Acute - therapy |
| Lingua di pubblicazione | Inglese   |

Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Acknowledgments; Contents; Foreword; Introduction; Chapter 1; Acceptance, Mindfulness, and Trauma: The Problem of Experiential Avoidance and the Verbal Nature of Trauma; Chapter 2; Mindfulness and Acceptance; Chapter 3; Preparing to Begin; Chapter 4; Creative Hopelessness: Finding the Place Where Something New Can Happen; Chapter 5; Control as the Problem: Experiential Avoidance and Unworkable Solutions; Chapter 6; Willingness; Chapter 7; Self-as-Context; Chapter 8; Valued Living; Chapter 9; Committed Action; Chapter 10; Therapist and Treatment Considerations; Chapter 11 Clinical Issues and AssessmentConclusion: Opening to Vitality; References; Index
Sommario/riassunto	An indispensable resource for mental health professionals, Acceptance and Commitment Therapy for the Treatment of Post-Traumatic Stress Disorder and Trauma-Related Problems offers a practical and accessible yet theoretically complete approach to using the principles of acceptance and commitment therapy (ACT) to treat post-traumatic stress disorder (PTSD) and acute trauma-related symptoms.