

1. Record Nr.	UNINA9910786065503321
Autore	Bissonnette Barbara A
Titolo	The Complete guide to getting a job for people with Asperger's syndrome [[electronic resource]] : find the right career and get hired / / Barbara Bissonnette
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2013
ISBN	1-283-90600-7 0-85700-692-4
Descrizione fisica	1 online resource (202 p.)
Disciplina	362.196/8588 362.1968588 650.140874
Soggetti	Asperger's syndrome - Patients - Employment People with disabilities - Vocational guidance
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 193) and index.
Nota di contenuto	Why is it So Much Work to Get a Job?; Roadmap to Employment, Chapter by Chapter; Common Barriers to Employment; How to Use This Book; Finding the Right Job or Career; Matching Interests to Occupations; Identify Your Talents and Skills; The Ideal Work Environment and Important Job Criteria; Understanding Personal Limitations Helps You Make Better Career Decisions; Performing a SWOT Analysis; Self-employment; Researching Occupations; Getting Started with Preliminary Research; More Sources of Preliminary Research; Steps for Conducting Preliminary Research; Advanced Career Research Personal Presentation You are Communicating Nonverbally throughout the Job Search; Resume and Cover Letter; Personal Appearance; Speech; Facial Expression; Body Language; Actions and Behaviors; Marketing Yourself to Employers; Understanding the Employer's Perspective; Is it Lying or Marketing?; Your Resume is a Marketing Tool; How to Write an Effective Resume; Demonstrate Your Qualifications; The Basic Resume Format; Big Resume Mistakes to Avoid; Decoding the Language of Job Openings; How to Write a Convincing Cover Letter; Quick Tips for Resume Writing; Developing an Effective Job Search Plan

A Review of Job Search Strategies
What Networking Is and Why You Shouldn't Fear It; Three Job Networking Strategies for the Not So Socially Savvy; How to Create a Job Search Plan; Interviewing; Knowing What to Say; Navigating the Interview; Preparing Answers to Interview Questions; Common Interview Questions and What They Mean; Answering Behavioral Interview Questions; Questions to Ask the Interviewer; How to Research a Company; Concluding the Interview; Salary Negotiation; Finding and Managing References; If You Don't Get the Job; Disclosure and Accommodations; Anti-discrimination Laws How to Disclose in a Solution-focused Way
Dos and Don'ts of Disclosing; Creating and Sustaining Momentum; Getting and Staying Motivated; A Body in Motion...; Build Your Confidence; Setting and Attaining Goals; From SMART Goal to Action Plan; Managing Anxiety; More Anxiety Management Strategies; Concluding Thoughts; References; Bibliography; [_GoBack](#)

Sommario/riassunto

Finding a job is a confusing and anxiety-provoking process for many individuals with Asperger's Syndrome. This practical a??how-toa?? guide describes exactly what it takes to get hired in the neurotypical workplace. Every aspect of finding employment is covered, from defining strengths and researching occupations to projecting confidence in interviews.
