

1. Record Nr.	UNINA9910786020203321
Autore	Sinkman Ellen <1946->
Titolo	The psychology of beauty [[electronic resource]] : creation of a beautiful self / / Ellen Sinkman
Pubbl/distr/stampa	Lanham, : Jason Aronson, c2013
ISBN	1-283-91298-8 0-7657-0844-2
Descrizione fisica	1 online resource (189 p.)
Disciplina	616.89
Soggetti	Aesthetics - Psychological aspects Beauty, Personal - Psychological aspects Body image Self-perception
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Table of Contents; Acknowledgments; The Psychology of Beauty; 1 Pygmalion and His Living Sculpture; 2 Prehistoric and Literary Eras; 3 Ordinary Beauty and Timeless Fantasies; 4 Re-birth, Transformation, or Growth; 5 The Misplaced Therapist; 6 Reaching Farther for a Pygmalion Experience; 7 Perverse Sado-masochistic Aspects in the Urge to Become Beautiful; 8 The Intersection of the Biology and Psychology of Beauty; 9 Understanding the Invisibility of Beauty In Clinical Work; 10 Doing Versus Talking in Clinical Work; 11 Creating Beauty; 12 Variations on Definitions of Beauty 13 Beauty, Gender Identity, and Primary Femininity14 Origins and Endings of Beauty; References; Index; About the Author
Sommario/riassunto	The Psychology of Beauty: Creation of a Beautiful Self, by Ellen Sinkman, LCSW, addresses the vital importance of beauty, its sources, and manifestations in everyone's lives-including psychotherapy patients. During psychotherapy, patients manifest or defend against the strong desire to be beautiful. This book considers definitions of beauty, gender identity themes, and origins of beauty in the mother-infant relationship. It investigates ugliness, sado-masochistic beauty pursuits,

