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Sommario/riassunto

Essential evidence-based strategies for the prevention and reduction of alcohol abuse among college students. With contributions from notable substance abuse researchers, this practical guide presents clear strategies for prevention of and interventions for alcohol abuse in the college-age population. Ranging from community-based prevention programs to individual, motivational, and interview-based approaches, College Student Alcohol Abuse explores: The leading theories used to conceptualize college student drinking and related problems, with an emphasis on the cl