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| Nota di contenuto | Front matter -- Contents -- Abbreviations -- Foreword -- Introduction -- I. The Earliest Days Of Greek Athletics: 1-2 -- II. Nudity And Equipment: 3-19 -- III. The Events At A Competition -- IV. Organization Of A Panhellenic Festival -- V. Local Festivals -- VI. The Role Of The Games In Society: 128-148 -- VII. Women In Athletics: 149-162 -- VIII. Athletes And Heroes: 163-175 -- IX. Ball Playing: 176-178 -- X. Gymnasion, Athletics, And Education: 179-189 -- XI. The Spread Of Greek Athletics In The Hellenistic Period: 190-199 -- XII. Greek Athletics In The Roman Period: 200-204 -- XIII. Amateurism And Professionalism: 205-223 -- XIV. Nationalism And Internationalism: 224-231 -- XV. Beauty And Reality: 248-256 -- Appendix: The Olympian And Pythian Programs -- Select Bibliography -- Index And Glossary -- Sources For The Chapter-Opening Sketches |
| Sommario/riassunto | From the informal games of Homer's time to the highly organized contests of the Roman world, Miller has compiled a trove of ancient sources: Plutarch on boxing, Aristotle on the pentathlon, Philostratos on the buying and selling of victories, Vitruvius on literary competitions, and Xenophon on female body building. Arete offers readers an absorbing lesson in the culture of Greek athletics from the greatest of teachers, the ancients themselves, and demonstrates that |

the concepts of virtue, skill, pride, valor, and nobility embedded in the word arete are only part of the story from antiquity. This bestselling volume on the culture of Greek athletics is updated with a new preface by leading scholar Paul Christesen that discusses the book's continued importance for students of ancient athletics.
