Record Nr. UNINA9910785537903321 Autore Skovholt Thomas M **Titolo** Becoming a therapist [[electronic resource]]: on the path to mastery / / Thomas M. Skovholt Hoboken, N.J., : John Wiley and Sons, c2012 Pubbl/distr/stampa **ISBN** 1-118-17819-X 1-283-55019-9 9786613862648 1-118-17817-3 Descrizione fisica 1 online resource (322 p.) Disciplina 616.89/14 Soggetti Psychotherapy - Vocational guidance Counseling - Vocational guidance Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Opening up your life to the excitement of the therapy and counseling professions -- Novice advantages -- The curse of ambiguity and other ills and what to do about them -- Who am I becoming? -- The unfolding practitioner self. Praise for Becoming a Therapist ""This resource is filled with practical Sommario/riassunto and personal advice, relevant stories, and examples, and reads more like help from a friend than a typical textbook.""-Roberta L. Nutt, PhD, ABPP, Visiting Professor and Training Director, Counseling Psychology Program, University of Houston ""Ah, now this is the book I wish had been available when I entered the field. Tom Skovholt has defined the initial experiences and followed the process through to the culmination of the therapeutic experience in a truly great book. Becoming a

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