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Titolo	100 must-read life-changing books // Nick Rennison
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Descrizione fisica	1 online resource (171 p.)
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Disciplina	028.1
Soggetti	Books Books and reading - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Cover Page; Title Page; Copyright Page; Table of Contents; About This Book; Introduction; A-Z List of Entries by Author; A to Z of Entries; Surviving the Holocaust; Wisdom from the East; Exploration and endurance; Making sense of death; It's all in the psychology; The child is father to the man; Our Precious Earth; Inspiring memoirs; Altered consciousness; Womanpower; Society will never seem the same; Great thinkers, great ideas; Up from slavery; Native wisdom; In touch with nature; New physics, new philosophy; Classics for children (and adults)
Sommario/riassunto	Novels which transform our ideas about human possibilities, biographies which celebrate the achievements of extraordinary individuals, polemical works of non-fiction which oblige us to alter our views of the world or of human society: all of us can remember reading at least one book which made us think about the world anew. Here, the author of the popular Bloomsbury Good Reading Guide, selects the very best books which may or may not have changed the world, but which have certainly changed the lives of thousands of people who have read them. Some examples of titles included: Maya Angelou, I Kn