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Titolo	Assessing change in psychoanalytic psychotherapy of children and adolescents : today's challenge / / by Judith Trowell
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Nota di contenuto	Table of Contents; Cover; Copyright; ACKNOWLEDGMENTS; ABOUT THE AUTHORS; SERIES EDITORS PREFACE; FOREWORD; INTRODUCTION; CHAPTER ONE: Child and adolescent psychotherapy research: Clinical applications; CHAPTER TWO: Integrating research in a clinical setting for child psychotherapy: A case study about facilitating and hindering factors in psychoanalytic psychotherapy; CHAPTER THREE: What does a manual contribute?; CHAPTER FOUR: Focused systematic case studies: An approach linking clinical work and research CHAPTER FIVE: The Heidelberg study of psychodynamic psychotherapy for children and adolescents CHAPTER SIX: Attention-Deficit-Hyperactivity Disorder (AD/HD): A field for contemporary psychoanalysis?: Some clinical, conceptual and neurobiological considerations based on the Frankfurt Prevention Study; CHAPTER SEVEN: Research on therapeutic processes: In psychodynamic psychotherapy with children and adolescents; CHAPTER EIGHT: Ethical

Sommario/riassunto

This book draws together work from across Europe by leading clinical researchers who have been looking into the effectiveness of psychoanalytic interventions. They are mostly time limited, brief, non-intensive ways of working so are applicable in many settings and can therefore be generalised to other clinical teams. The populations worked with are diverse and often present mainstream services with refractory clinical problems, so an applied psychoanalytic approach is well worth trying given the evidence presented in this volume. There is in addition an excellent theoretical chapter on the issues for such clinical research from Stephen Shirk which merits consideration by those wanting to evaluate their own work. This book has had a long gestation but it is an important contribution to services for child and adolescent mental health services to ensure the full menu of interventions is retained in these times of financial restraint with increasing family distress and concerns about inadequate parenting, family breakdown and troublesome adolescents.
